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2018/ 2019 Annual Report

MESSAGE FROM OUR CLUB PATRON TIM WILSON

Congratulations on another year of fun and safety at Hampton Life Saving Club.

Life Saving clubs play a critical role in our community. They bring us together and keep everyone safe.

Volunteers are such an important part of our social fabric, and Hampton is no different. When you generously give your time for summer Patrols, Carnivals, Nippers and Socials; you are strengthening our community and helping build our future.

Our job is to back you. That's why the Morrison Government is supporting local Life Saving Clubs with record funding in this year's Budget, so that they can continue to deliver for our community.

Thanks to our strong economic management, we were able to deliver on our local plan and guarantee \$10,000 in funding towards upgraded bathroom facilities at Hampton Life Saving Club.

When Australians come together, we are stronger. Never underestimate the power of that spirit.

Thank you for your contribution and go Hampton!



Tim Wilson MP, Federal Liberal Member for Goldstein



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IN RECOGNITION OF OUR LIFE MEMBERS

Mr McLaughlin

Mr C. Elliott

Mr R.C. Harris

Mr G. Symons

Mr R. Charrett

Mrs Symons

Mrs Elliott

Mr H. Mason

Mr Howell

Mr R. Jervis

Mrs Porter

Mrs J. Rowe

Mr Young

Mrs E. Harris

Mr Horton

Mr Bear

Mr W. Pinner

Mr Kilgour

Mr Moulden

Mr E. Sollis

Mr F. Poyser

Mr R. Leviston

Mr R. Cox (Patron)

Mr R. MacAulay

Mrs B. MacAuley

Mrs D. Pearce

Miss V. Andrews

Mr S. Andrews

Mr H. Wehrens

Mrs S. Steinwedel

Mr C. Angee

Mr P. Carey

Mr B. Minihan

Mr E Walker (Patron)



Mrs P. Taylor

Mr E. Straford

Mrs D. Brooks

Mr P. James

Mr S. James

Mr B. Wooding

Mr G. Symons

Mr D. MacDonald Snr

Mr D. James

Mrs P. James

Mr S. Trapani

Mrs S. Trapani

Miss P. Reynolds

Mr T. Reynolds

Mr R. McMaster

Mr T. Bombardieri

Mr B. Doughton

Mr M. Ghalayini

Ms J. Dacy

Mr N. Forbes

Ms J. Heat

Mr S. Cartwright

Mr B. Blackall

Ms C. Beaumont

Mr C. Eastman

Mr D. McLeod

Mr P. Harding

Mrs A. Harding

Mrs D. Maloney

Mr J. Watson

Mrs Y. Costello

Prof A.J. Lawrence

Dr C. Lawrence

Mr J. Walton

Mr R. Cole

BOARD OF DIRECTORS & OFFICE BEARERS



Secretary

DIRECTOR: PHILIP MAWKES

Member Protection: Craig James
Surf Guard Registrar: Marc Smith
Website Management: Sam Dwyer
Club Historian: Chris Eastman
Membership Officer: Tiffany Welsh
Comms Manager: Sam Dwyer
Grievance Officer: Craig James



Lifesaving Operations

DIRECTOR: ANDY LAWRENCE

Patrol Manager: Andy Lawrence
Powercraft Officer: Jas Lawrence/Jesse Tammesild
Chief Instructor: Andy Lawrence
First Aid Officer: Nick Forbes
Gear Steward: Peter Costello
Radio Officer: Nick Forbes
Trainers: Andy & Carol Lawrence, Sam Dwyer, Nick Forbes, Jeff Walton, Mitchell James, Graham Davis, Paul Laney
Assessors: Andy & Carol Lawrence, Sam Dwyer, Graham Davis, Jeff Walton, Nick Forbes



Member Services

DIRECTOR: VICTORIA JOHNSON

Social Manager: Vacant
Facilities Manager: Vacant
Kiosk Manager: Tessa Coote, Melie Johnson & Norah Shrives
Club Safety Officer: Carol Lawrence
Club Maintenance: Paul Harding
Building Projects: Chris Auditore, Steve Johnson



Junior Activities

DIRECTOR: PETER HETHERINGTON

Gear Steward: Peter Costello
Junior Coaches Program: Sam Dwyer, Victoria Johnson
Junior Leaders Program: Sam Dwyer, Victoria Johnson
Nipper Management: Sam Dwyer
Nipper AGM Coordinators: Kirsten Cleland, Cameron Hollingworth
Nipper Comms: Amy Derkson
CPR Equip & Support: Tim Atkins
Starfish Coordinator: Kerrie Curtis
Setup Coordinator: Chris Costaris
Event Coordinator: Sarah Cameron
SRC, First Aid Trainers: Sam Dwyer & Carol Lawrence

President



YVETTE COSTELLO



Finance & Strategy

DIRECTOR: ANDREW HILL

Club Accountant: David Hagan
Hall Hire: Helen Partridge
Sponsorship: Vacant
Merchandise Manager: Steve May
Club Photographer: Steve May



Sport

DIRECTOR: DARYN MARCUS

Junior Team Manager: Sarah-Jane Clarkson
Senior Team Manager: Susie Massey
Masters Team Manager: Caroline Webster
IRB Team Manager: Jas Lawrence
Entry Coordinator: Sarah Cameron
Group Coaches: Chris Sando, Kerry Osler, Manna Johnson, Mia Spencer, Owen Smith, Samantha Barrow, Sarah-Jane Clarkson
Communications: Sam Dwyer, Sarah Clifton-Brown
Officials Coordinator: Susie Massey

PRESIDENT'S REPORT



Hampton Life Saving Club (HLSC) is an important part of the local community and it has been great to see all the opportunities it has offered this year to its members and the wider community.

In partnership with Bayside City Council (BCC), we had beach access matting installed from the footpath in front of the Club to the water's edge. This has meant more accessibility for people in wheelchairs, parents with prams, elderly people with walkers and people with physical disabilities or injuries. BCC also provided HLSC with a new floating beach wheelchair.

The inaugural Starfish Nippers Carnival was held at HLSC with competitors from seven clubs from around the state competing. Due to the wide range of abilities of the competitors, events were designed to give each competitor maximum fun and a great sense of achievement.

The annual Life Members Afternoon Tea gave us an opportunity to show our Life Members and Club supporters Paul James - LSV President, Tim Wilson MP – HLSC Club Patron and Michael Heffernan - Bayside Council Mayor some of the great things the Club is doing with our young members.

HLSC was able to have a positive impact on another community much further afield, with the donation of an old IRB to Sri Lanka Life Saving. LSV's Building Leaders Scholarship is a 6 month program for 18-25 year old Victorian life savers to go to Sri Lanka to train life savers, Navy, Coast Guard and swim teachers. This has helped to greatly reduce Sri Lanka's drowning death toll over the last 8 years and I am proud HLSC has helped in a small way.

We have had the upstairs kitchen renovated and the basement floor was sanded and covered with a non-slip paint and a section of the roof was repaired. The plans for re-developing the downstairs area of the Club to provide better change rooms and storage are progressing well.

It was also lovely to see more than 20 of our teenage members attaining their surf coach accreditation earlier in the season to then take on the coaching at Nippers. This is part of our teenage retention initiative and it was fantastic to see these great role models doing such an amazing job. The smiles and enthusiasm expressed by our Nippers was testament to their great coaches.

Congratulations to a group of our hard-working members who were recognised at LSV's annual Valuing Volunteers Evening. Laura Goudie, Samuel Marcus Erin Reed, Kirsten Cleland, Lachlan Costello, Madeleine Johnson and Sarah Clifton-Brown received Recognition of Service certificates. Also, to Sam Dwyer who was recognised for her contributions at LSV's International Women's Day event, and to Mia Spencer (finalist LSV Youth Athlete of the Year) and Leonie Mawkes (finalist LSV Education Team Instructor of the Year). And finally, congratulations to past President Paul James for becoming President of LSV.

Thank you to all our wonderful Club members who have contributed in so many valuable ways ... as parent helpers at Nippers, pitching in at a working bee, collecting at the Tin Rattle, or taking on a broader role with patrolling, Age Manager or a committee position. The Club couldn't function without your help.

"Thank you to all our wonderful Club members who have contributed in so many valuable ways..."

Last but not least I would like to thank my team, HLSC's Board of Directors, who work all year round to make sure our Club is well maintained and all the equipment is in good condition, while planning for the future of the Club. Several new members stood up to take on Directors roles this year and they have brought fresh new ideas and energy to their roles.

Peter Hetherington is our new Director of Junior Activities. Peter and his team have worked hard to ensure our Nippers, Starfish Nippers and YIPs programs were fun and informative. The introduction of the Junior Leaders and Coaches program had a great impact on the Nippers program and keeping our teens active at the Club.

Daryn Marcus is our new Director of Sports which incorporates the Junior, Senior and Masters Teams as well as the IRB Racing Team. This is a challenging role as the sports calendar is extremely busy over summer and Daryn and his team have ensured that everyone is well trained and that there is adequate equipment and personnel for every event.

Victoria Johnson is our new Director of Member Services and along with her team oversaw the maintenance of the club as well as providing fun social events. Victoria was also actively involved in the Junior Leaders and Coaches program at the Club.

A big thank you to Andy Lawrence who took on the role of Director of Lifesaving yet again despite his hectic work commitments. This is Andy's last year in the role and his experience and commitment to the Club has been invaluable. He has also done an exceptional job with training and assessing HLSC members as well as members from other clubs.

After several years as Director of Finance, Andrew Hill has decided to step down at this year's AGM. Thank you Andrew, and your team, for keeping the Club in such great financial shape and for the work you've done on strategic planning to ensure the club's longevity.

Philip Mawkes, our Club Secretary, will also be stepping down at the end of this season. Philip's efficiency and organization has been invaluable to me in my role as President over the last 3 years. Philip and his team manage all the club administration and have done a great job keeping our members informed of all the wonderful things happening at HLSC.

I look forward to seeing you and your family at the club and on the beach again at Hampton next summer!

"...HLSC was able to have a positive impact on another community ... with its donation of one of our old IRBs to Sri Lanka Life Saving"



***Yvette Costello,
President***

SECRETARY'S REPORT

As I finish three years as the HLSC Secretary I am proud of the little extra contribution I have made, as well as being a little (lot) relieved that this part of my Life Saving volunteering journey is coming to an end. Despite having been involved with the club for over 10 years, this has been my first time serving on the Board, The role has opened my eyes to the broad range of volunteers who make the club tick – many of whom have little visibility across the rest of the membership. So to you, on behalf of the Board, I say THANK YOU.

During the last three years I (on behalf of the Board) have put in place some robust policies to support the Administrative needs of the club. These policies and processes will help both future custodians of the Secretary's role and also the members to whom 'we serve'. These include the Life Membership Policy, re-engaging the role of Club Patron and winning the LSV Club Administration of the Year Award in 2018.

However, within my role there are two special people whom I would like to yet again publicly acknowledge in this year's report. They are:

Tiffany Welsh – Membership Officer

Tiffany chose to take on what must be one of the most challenging roles at the club in mid 2016 and she has excelled in the role these past three years. The role of Membership Officer is mixture of PR, coupled with strict adherence to a host of Legislative requirements, to the constant follow up of members and a fair amount of hand holding. Tiffany is stepping down from the role this year but I know for sure that she will not be lost to the club.

Craig James – Grievance Officer

Craig put his hand up for this role in 2017 just after the AGM. He has had to undertake and maintain a host of courses with LSV and put in a lot of extra hours of his own time to become compliant in the role. Thankfully he has not had to really put the training in to practice at the club, but it is very comforting to know that, along with our Club Chaplain Colin, our Members have trained people to turn to if they have any concerns about how the club is either being run, or concerns with other members conduct.

"...have put in place some robust policies to support the administrative needs of the Club..."



Thanks also goes to Colin McInnes-Smith, our Club Chaplain for his continued support of members throughout the year and to Marc Smith, for boldly stepping forward in 2017 to handle the task of keeping our Patrol and other records on Surfguard up to date.

Finally, thank you to Sam Dwyer for compiling this Annual Report, including numerous hours spent selecting photos of our members across the year and putting the collages together. Sam is also standing down from the Club's Communications Manager role after 3 years. During this time, the Communications Team have managed the roll out of TeamApp across the Club for communications and event management for patrol, sport, nippers, fitness and social activities. They have also developed a new website, managed online administration of the patrol roster and volunteer activities, compiled the Club's monthly newsletters and set up systematic archiving of photographs across all Club activities.

I am proud of our team of behind-the-scenes administrators and the professionalism in which they have conducted their various responsibilities. I am also particularly proud of the continued progress of our compliance obligations with the Safe-Guarding Children Legislation.



Clubs and volunteering really do operate within the maxim of the 80/20 principle. Where 80% of the work is done by 20% of the people (or maybe it is 95/5!). Anyway, that is the way of the world and rather than worry and stress about it, I figure you just get on and do. By the time someone else has got all worked up about a lack of support, the task can just have been done!

I shall remain engaged in Life Saving as a Surf Sports Official and Mentor with LSV and as a 'competitor'. Hampton LSC will always be my club!

Philip Mawkes, Secretary



"... winning the LSV Club Administration of the Year Award in 2018... continued progress with Safe-Guarding Children Legislation."



FINANCE & STRATEGY

HLSC has completed another solid financial performance in 2018/2019, and although revenue was slightly less than the 2017/2018 financial year, costs were proportionally lower, so therefore a similar overall result was achieved. Our membership and active core members continue to provide important resources, and our proactive approach to grants, allows the club to be in its current position.

Our strong position is also made possible by our continued support from new and continuing sponsors:

Donald Cant Watts Corke

Hocking Stuart – Sandringham

Salta Properties Pty Ltd

Nexus Pty Ltd

Rotary Club - Hampton

Steve Johnson

Jenny Dwyer

Owen Smith

Owen Smith

Further income was generated from our annual tin rattle, which generated approximately \$6,000.00 (a special thanks to all those who rattled). We were also successful in securing a number of grants, including: BSEF (\$5,500), Hampton Rotary (\$2,420), Bayside City Council (assorted amounts) and LSV Administration Grants. Finally, we were also successful with a significant grant from VESEP 2018 for club renovations, to the tune of \$75,224, and this will need to be expensed in the 2019/2020 financial year.



"...also successful with a significant grant from VESEP 2018...to the tune of \$75,224...to be expensed this year..."

Another essential source of income is from the hard work and dedication of our volunteer committees and members, and includes income raised through merchandise sales (thanks Steve May), hall hire (a special thanks to Helen Partridge), Kiosk (thanks Sarah Clifton-Brown and team) and BBQ/Bar/Events.

This financial year we also purchased lifesaving equipment, primarily through some of the grants mentioned above, including upgrades to our existing resuscitation manikins, as well as a state-of-the-art resuscitation manikin. In addition, we purchased some essential Nipper and Starfish equipment for our eager members, including G boards, Surf Mals and the very popular inflatable equipment.

Our current cash position sees the Club well positioned for future development, both for current maintenance projects and projects earmarked for completion prior to commencement of the next season.

The HLSC five year Strategic Plan is ready for renewal. However, in the interim the club has been successfully working in some key strategic areas, such as member (particularly teen) retention, increasing patrol numbers, member recognition and enhancing club facilities.

In summary, the Club is in a good position. We now need to plan and expense the recent VESEP grant, and work on the continual challenge of increasing member participation in order to reduce the burden on a core group of members. There is no doubt that the strong brand developed for HLSC over the last couple of years will continue to grow and be recognised as a familiar and inclusive presence in the local community and beyond.

Finally, after four years I am stepping down as Director of Finance and Strategy, which has been a rewarding and valuable experience. I would especially like to thank the team of people who have helped me over this time: Steve May with Merchandise, Helen Partridge with Hall Hire and the much appreciated and behind-the-scenes contribution from David Hagan, our Club Accountant.

I would also like to thank my family, in their already busy lives, for supporting me in taking on this role. Lifesaving is a fantastic opportunity for us to give back as a family and we will continue to do so.

See you on the beach!

Andrew Hill, Director – Finance & Strategy

“...the Club is in a good position...the strong brand developed for HLSC over the last couple of years...will continue to grow and be recognised”



LIFESAVING OPERATIONS

PATROL

Another big thanks to all of our patrol captains, patrol teams and qualified patrollers. We really appreciate your contribution to our community. It makes a trip to the beach a fun and safe experience for everyone and assists us in keeping our patrols fully compliant with the protocols laid down by Life Saving Victoria (LSV). In addition, welcome to all the newly qualified SRC's & BM's from this season. We really appreciate your commitment to helping out with patrols & water safety.

As I pass the baton onto a new DLSO, I remind you all to consider joining a patrol team, even if you cannot commit to all of that team's patrols. Our teams have two components: (i) a core compliance group who cover all necessary awards; and (ii) a broader mix of patrollers who can join designated patrols (or swap if inconvenient) to keep their skills up-to-date & help provide cover season-round.

When I was checking the final patrol stats this season it was great to see that we had 104 members either patrol or undertake water safety. What a fantastic number of people! Even better – amazingly the 104 is made up of exactly 52 male & 52 female members! I think that really demonstrate what a well-balanced and inclusive club we are. Let's try to keep that up going forwards!

Listed overleaf are all patrollers' hours for the past season – **2275 hours all up!** I have added together patrol hours plus water safety hours to give total contributions over the season for all members. The data was taken from the Surfguard end of season report. I would like to thank each and every one of you – remember, even a handful of patrols or water safety sessions over the season helps out. I would like to especially thank Laura Goudie & Sam Marcus – both over 100 hours on the beach – great effort guys!

***“...we had 104 members either patrol or undertake water safety...patroller hours for the past season – 2275 hours all up!*”**



Patrol & Water Safety Hours for 2018/2019

HAMPTON MEN	HOURS	HAMPTON WOMEN	HOURS
Samuel Marcus	119.17	Laura Goudie	109.58
Harry Curtis	80.16	Kathryn Parfett	75.67
Nicholas Forbes	52.5	Jasmine Lawrence	66.29
Peter Costello	46.75	Kerrie Curtis	64.83
Andrew Lawrence	44.08	Samantha Dwyer	64
Graham Davis	42.75	Carol Lawrence	61.83
Paul Harding	40.25	Zoe Murdoch	53.83
Ross Donaldson	38.08	Yvette Costello	45.25
Paul Laney	37.5	Sara Molloy	40.66
Matthew Davis	36.5	Kirsten Cleland	32.42
Rowan Cole	34.58	Caroline Webster	32
Mitchell Cole	33.83	Mia Spencer	31.75
Jesse Tammesild	33.25	Madeleine Johnson	28.75
Andrew Hill	28.5	Elizabeth De Nittis	27
Chris Eastman	27.25	Tracy Spence	25.25
Henry Tammesild	26.83	Teale Spence	24.33
Chris Auditore	25.67	Sarah Cameron	23.75
Ben Davis	24.41	Caitlin Cole	23
Jeff Walton	24	Loretta De Nittis	22.42
Mark Garbelotto	20.25	Chloe Hoover	22
Lachlan Costello	19	Belinda Tsering	21.5
Steve May	18	Erin Reed	21.25
Lucas Welsh	17.5	Tiffany Welsh	18.83
Philip Mawkes	16.75	Helen Partridge	18.33
William Garbelotto	16.75	Ellen Pratt	18.25
Charlie Schwerdt	16.5	Isabelle Curtis	18
Christopher Sando	14.25	Sienna Costello	16.75
Murray James	11.42	Amelia Johnson	15.5
Daryn Marcus	11.25	Lucy Hagan	14.5
Thomas Griffin	11	Annette Sando	13
Jack Cullen	10.5	Therese Hetherington	12.5
Michael Pratt	10.25	Bridgette Hagan	11.5
Owen Smith	8.75	Summer Partridge	11.33
Peter Hetherington	8	Emily Curtis	11
Luke Henry	7.5	Olivia May	11
Angus Cameron	7	Anne Tammesild	10.5
Noah Hill	7	Janine Mitchell	9.25
Paul James	6.5	Sarah Clifton-Brown	7
Jason Cooper	6.25	Ella Sams	6
Harry Crompton	6	Kirsty Haydon	5
Liam Collins	5.5	Alexandra Sim	5
Michael Gori	5.5	Ella Desanto	3.5
Mitchell James	5.5	Tamsyn Higgins	3.5
Jack Duckinson	4.5	Zoe Costaras	3.25
Jack May	4.33	Majella Hetherington	3.25
Josh Stuart	4	Melissa Marcus	3.25
Liam Higgins	3.5	Tessa Coote	3.17
Peter Delmenico	3.5	Erin Smith	3.17
Adrian Blake	3	Grace Smith	3.17
Justin Clarkson	3	Kerry Osler	2
Gregory Lyons	2	Lily Mackey	1.67
Tim Atkins	2	Lara Smith	1.5

“...especially thank Laura Goudie and Samuel Marcus – both over 100 hours on the beach – great effort guys!”



TRAINING

This season also saw lots of training. We successfully qualified the following:

- Assessor upskill course – 5 candidates
- BM – 20 candidates and SRC – 18 candidates
- Advanced Resuscitation – 9 candidates
- Provide First Aid – 16 candidates
- IRBC – 9 candidates (including 1 member from Inverloch)
- IRBD – 5 candidates
- Resuscitation Certificate (Under 13s) – 14 candidates

Congratulations to all of you who achieved new awards this season. This is really important in terms of enabling us to refresh patrol teams and even develop more teams going forwards. If you are interested in any aspect of lifesaving, see our website or email the Director of Lifesaving Operations. Looking forward to seeing you all at training, requalification and on patrol. See you on the beach!

Andy Lawrence, Director – Lifesaving Operations / Chief Instructor



**“Hampton
Life Saving
Club
delivered
training for
over 96 new
awards this
season.”**



Firstly, we would like to thank all members of HLSC that gave their time over the season to drive and/or crew the IRBs. It's very exciting that we have so many keen members! This season saw the donation of our oldest IRB, RLJ1, and the beloved Mercury motor to Sri Lanka. It is a terrific contribution by HLSC to support developing clubs and assist in promoting Surf Life Saving in Sri Lanka. It has been great to see the pictures of them being cherished and used there, which we should all be proud of!

The 2018/2019 season saw 5 drivers and 9 crew qualify which is a tremendous achievement. Thanks to Andy Lawrence and his training team, who gave up many hours to keep our club well qualified. The training involved many days of practice at Hampton, then one day at Anglesea Surf beach which saw the new candidates develop their skills in some testing conditions. Congratulation to all the new drivers and crews. We hope to see many more new drivers and crews next season.

In terms of duty hours, Laura Goudie smashed everyone out of the park with a staggering 36.5 hours in the boat. Jas Lawrence and Samuel Marcus followed her somewhat closely with 17.5 and 16.5 hours respectively. The club is very grateful for your huge contributions.

This season saw the addition of "Herbie the Irbie" our new Generation 3 Thundercat IRB, a new outboard motor, and several new fuel cells, which were predominantly funded through the VESEP and the Emergency Services Victoria grants and allow us to have the most up to date rescue equipment to support our large club and serve the community. We had a relatively damage free season for our power craft equipment this year with only a few minor fixes on the motors and some small patches on the IRBs. Thanks to everyone for taking good care of the equipment so it can continue to be used for years to come.

Thank you to everyone who gave their time and we hope to see you on the beach next season.

Jas Lawrence & Jesse Tammesild, Powercraft Officers

"The 2018/2019 season saw 5 drivers and 9 crew qualify, which is a tremendous achievement."



Powercraft Hours for 2018/2019



“This season saw the addition of “Herbie the Irbie” our new Generation 3 Thundercat IRB.”

NAME	DRIVER HOURS	CREW HOURS	TOTAL
Laura Goudie	18.5	18	36.5
Jas Lawrence	10	7.5	17.5
Samuel Marcus		16.5	16.5
Chris Sando	11	5	16
Harrison Curtis		14	14
Lucas Welsh	10	3.5	13.5
Kerrie Curtis	11	2	13
Jesse Tammesild	10.5	2	12.5
Don Smith	11		11
Sienna Costello	11		11
Henry Tammesild		10.5	10.5
Jeff Walton	5.5	4	9.5
Peter Delmenico		9.5	9.5
Daryn Marcus		9.5	9.5
Andrew Lawrence	5	4	9
Mitch Cole	3	6	9
Isabella Cameron		8.5	8.5
Paul Laney	5	3	8
Michael Pratt	6	2	8
Kirsten Cleland		7.75	7.75
Peter Costello	7.5		7.5
Steve May	3	3	6
Sam Dwyer	3	2.5	5.5
Caroline Webster		5.25	5.25
Rowan Cole	4	1	5
Andrew Hill	5		5
James Chadwick		5	5
Charlie Schwerdt		5	5
Murray James	3.5	1	4.5
Zoe Murdoch	3	1.5	4.5
Anne-louise Tammesild	4.5		4.5
Hamish Hill		4	4
Will Garbelotto		4	4
Graham Davis	3	0.5	3.5
Mark Garbelotto	1	2	3
Mark Garbelotto	2	1	3
Emily Curtis	2	1	3
Jay Davis		2.5	2.5
Caitlin Cole	1.25	0.5	1.75
Chris Eastman		1.5	1.5
Paul Harding	1		1
Teale Spence		1	1
Sara Molloy		1	1
Erin Reed		1	1
Tracy Spence		1	1

JUNIOR ACTIVITIES

This season was the most exciting and varied Nippers program I have been involved in at Hampton. So many new initiatives were introduced (Junior Coaches, Inflatables, Lifesaving competitions) with fantastic results. Each Nipper enjoyed the new experiences and the feedback from Nipper families was overwhelmingly positive.

The game changer was the introduction of the Junior Coaches Program. The Junior Coaches were selected and put through the formal Surf Coach Accreditation program. Each Nipper group was allocated a qualified coach to take their sessions for the entire season. In addition, Specialist Coaches were also utilised in events where the coach had expertise in an area of Lifesaving.

A total of 287 Nippers evenly spread across all age groups participated in the program this season. We had 21 fully qualified Level 1 & Level 2 coaches teaching the groups throughout the season. The U14 group had 20 Nippers attain their SRC qualification. From our U13 group, 13 Nippers qualified as Junior Leaders (with their Resuscitation Certificate) and proudly donned the coveted yellow hi-vis rashies on the beach. Thank you to Sam Dwyer and Carol Lawrence for conducting the training, as well as Andy Lawrence and team for training and assessing.

Our Junior Coaches were able to utilise new equipment including the Aquaglide landing pads for our Nipper groups to swim to and gather on. This equipment made the swimming activities more exciting and helped our Nippers develop confidence in the water. Thank you to Sam Dwyer and Victoria Johnson for their work in securing grants for the purchase of this equipment.

We had many demonstrations across the season highlighting the many active areas of the Club. These included an IRB racing demonstration by our IRB team and a March Past demonstration by our State Competition team. Our Junior Coaches raced regularly and competitively in demonstration events throughout the season. The Nipper groups were left in awe at their speed and skill in various disciplines, as well as long standing competitive rivalry.

Club Championships were split over two weekends this season. High temperatures meant that water events were held as scheduled with beach events run in perfect conditions on the following weekend. These sport events gave our Nippers the opportunity to display their skills with fast racing and friendly competition.

Throughout the season the Nipper groups were introduced to lifesaving skills appropriate to their level. At Club Championships, Lifesaving events were held for the U12, U13 & U14 groups. This included CPR and Live Patient Assessment. The results from these events were then combined with the Sport results to determine overall Club Champion for these age groups.

Hampton was represented by our Juniors at the following LSV events – U13 Development Day & U13 Development Camp and the U15 Development Camp.

“This season was the most exciting and varied Nippers Program I have been involved in.”





Thank you to our Nipper Captain Majella Hetherington and Vice-Captain Sophie Pratt. Our Captains held regular planning meetings with Victoria Johnson and organised a variety of events throughout the season. They assisted throughout the season and presented on various occasions.



Thank you also to our Kiosk management team Melie, Norah and Tessa Hetherington. These girls ensured that the Kiosk was stocked and open at each Nippers afternoon. They were responsible for rostering, ordering and coordinating not only for Nippers but also several other Club events across the season.



I would like to thank Sam Dwyer for working on all aspects of the Nipper Program, Andy Lawrence and his team of trainers and assessors, Kirsten Cleland and Cameron Hollingworth as AGM coordinators, Amy Derksen & Sarah Cameron for ongoing assistance and Tim Atkins for CPR equipment and his long term support.



I would like to thank the following groups of volunteers who contributed many hours over the season to ensure the ongoing success of the Hampton Life Saving Club Nippers program. Age Managers — both returning and new this season, Trainers and Assessors, Junior Coaches, Water Safety, Setup crews and Officials for Club Championships.

Finally, congratulations to the Nippers. Well done on accepting many new challenges including the weather conditions, learning from your coaches and having lots of fun in the process.

Peter Hetherington, Director Junior Activities



“The gamechanger was the Junior Coaches Program - 20 HLSC teens qualified as surf coaches and coached Nippers.”



Under 6 Girls

1st Ava Quick

2nd Lucinda Auditore

3rd Caroline Ziemann

AGM Award

Savannah Dimachki

Under 6 Boys

1st Tom Lyons

2nd Liam Evans

= 3rd Luca
Caneschi-Llorca

= 3rd James Moore

AGM Award

Sean Moore

Under 7 Girls

1st Abigail Cooper

2nd Amber Hall

3rd Lucy Hill

AGM Award

Mimi Small

Arabella Bayne

Under 7 Boys

1st Archie Tims

2nd Jesse Welsh

3rd Harold Blake

AGM Award

Ethan Yang

Archie Wilson

***Under 6 and
Under 7
Nipper Age
Group
Champions
& AGM Award
Winners***





Under 8 Girls

1st Alice Osler

2nd Bianca Sando

3rd Lucy Ulyatt

AGM Award

Adalynn Booysen



Under 8 Boys

1st Kruz Dimachki

2nd Patrick Pena

3rd Hunter Nelson

AGM Award

Jasper Clarke



Under 9 Girls

1st Lucia Hetherington

2nd Alice Boyd-Turner

3rd Mollie Killigrew

AGM Award

Ella Smajkic

Isobel Cooper



Under 9 Boys

1st Felix Johnson

2nd Harrison
Clifton-Brown

3rd William Morrison

AGM Award

Isaac Sluijs

**Under 8 and
Under 9
Nipper Age
Group
Champions
& AGM Award
Winners**





Under 10 Girls

1st Abbey Lyons

2nd Isabelle
Clifton-Brown

3rd Audrey Davis

AGM Award

Olive Bevacqua

Milliana Welberry

Under 10 Boys

1st Hamish Ward

2nd Antonio Pena

3rd James Blake

AGM Award

Jackson Nelson

Oliver Wilson

Under 11 Girls

1st Savannah James

2nd Caitlyn Henry

3rd Ruby Theobald

AGM Award

Elizabeth Auditore

Under 11 Boys

1st Will Swinnerton

2nd Ruben Cooper

= 3rd Oliver Pitt

= 3rd Bailey Mitchell

AGM Award

Hugo Hall

***Under 10 and
Under 11
Nipper Age
Group
Champions
& AGM Award
Winners***





U12G Champion Lifesaver

- 1st Molly Welsh
 = 2nd Kate Morrison
 = 2nd Cherry Cameron
 3rd Alex Miles



U12 Girls Sport

- 1st Sophia Lyons
 2nd Lola Davis
 3rd Pippi Barrow

AGM Award

Elicia Watts



U12 Boys Champion Lifesaver

- 1st Harrison Block
 2nd Joseph Hetherington
 3rd Kyle Hearne



U12 Boys Sport

- 1st William Smith
 2nd Daniel Henry
 3rd Wes Sando

AGM Award

Isaac Poon

**Under 12
 Nipper Age
 Group
 Champions
 & AGM Award
 Winners**





U13 Girls Champion Lifesaver

- 1st Mia Osler
2nd Lulu Atkins
3rd Matilda Clarkson

***Under 13
Nipper Age
Group
Champions
& AGM Award
Winners***



U13 Girls Sport

- 1st Mia Osler
2nd Madeline Marcus
3rd Matilda Clarkson

AGM Award

Izzy Atkins



U13 Boys Champion Lifesaver

- 1st Ben Davis
2nd Christian Beare
= 3rd Graeme Delmenico
= 3rd Darcy Ramm



U13 Boys Sport

- 1st Darcy Ramm
2nd Graeme Delmenico
3rd Christian Beare

AGM Award

Ben Davis





U14 Girls Champion Lifesaver

- 1st Lara Smith
= 2nd Amelia Johnson
= 2nd Majella
Hetherington



U14 Girls Sport

- 1st Lara Smith
2nd Amelia Johnson
3rd Majella
Hetherington



U14 Boys Champion Lifesaver

- 1st Jack May
2nd Charlie Clarkson
3rd Josh Stuart



U14 Boys Sport

- 1st Charlie Clarkson
2nd Jack May
3rd Fyndon Davis

**Under 14
Nipper Age
Group
Champions
& AGM Award
Winners**



OVERALL CLUB CHAMPIONS – SPORT & LIFESAVING

Open Category Champion Lifesaver

In addition to the Age Group Champion Lifesaver, we offered an open category Champion Lifesaver to competitors outside the Under 12 – Under 14 Age Groups. Congratulations to Josh Laney, who, at only ten years old scored in the top three across all age groups in Live Patient Assessment, along with a very impressive CPR score, to take out the Open Category Champion Lifesaver.



Overall Club Champions – Sport & Lifesaving

Overall Club Champions

The Overall Club Champion for the Under 12 – 14 age groups is decided by finding the best all round competitor across both sport and lifesaving events. Congratulations to the following Club Champions for 2019.

U12 Boys Overall Club Champion – Sport & Lifesaving

Daniel Henry & Joseph Hetherington

U12 Girls Overall Club Champion – Sport & Lifesaving

Sophia Lyons

U13 Boys Overall Club Champion – Sport & Lifesaving

Darcy Ramm

U13 Girls Overall Club Champion – Sport & Lifesaving

Mia Osler

U14 Boys Overall Club Champion – Sport & Lifesaving

Jack May & Charlie Clarkson

U14 Girls Overall Club Champion – Sport & Lifesaving

Lara Smith



STARFISH

Starfish Nippers continues to go from strength to strength! HLSC Starfish proudly hosted the first-ever Starfish Nippers Carnival on 17th February 2019 and we were very lucky to have a warm, sunny perfect day with no wind. It was a huge success with a couple of hours of fun, lifesaving water and sand events, laughter and celebrations. Events included beach flags, sprints, obstacle course, swim/wade, boards, a float and an Ironman!! We welcomed competitors, friends and family from Angelsea, Venus Bay, Mount Martha, Pt Lonsdale and Williamstown SLSC. We also welcomed Paul James (LSV President), Emma Atkins and other LSV members, Andrew Shannon (Disability Liaison Officer at Bayside City Council), Janet Jones and Naomi Symington (Starfish Australia), friends, families and Bayside community members. There was over 200 people in total; a great attendance indeed.



**HLSC Starfish
proudly
hosted the
first ever
Starfish
Nippers
Carnival...**

STARFISH (CONTINUED)

A huge thank you to all that helped to make this inaugural event so successful including the co-organisers Isabelle Curtis, Zoe Murdoch, Janet Jones plus Naomi Symington from Angelsea; all the magnificent HLSC Mentors; Andrew Shannon for putting on his board shorts and getting in the water to help!; HLSC volunteers including Kerry Osler, Amy Derkson, Rowan Cole, Water Safety Officers, Junior Leaders and helpers, friends and family. We are looking forward to the next Starfish Carnival.

This year we welcomed a number of new Starfish (Casper, Lucy, Sophia, Alex, Eileen, Dali and Jaeli) who all made sterling progress throughout the season. Some Starfish excelled by learning CPR skills including Charlie, Josh, Casper, Will Q, Lauren, Nelson and Edward! Will M was fabulous at learning lifesaving signals.

Charles and Chloe continued to impress with their board skills, with lots of smiles and fun had by all whilst we continued to learn more beach and water skills. Chiara knocked us out with discovering she is a bit of a hoon laughing away whilst she travelled at break-neck speed up the beach in the wheelchair! Zac continues to develop his sprinting skills with great swimming skills by Rory, Tom B, Tom R, Luka and Rose who is great at duck diving.

A special mention to the outstanding group of Starfish Mentors. It is their continued commitment, skills, humour, expertise and knowledge that makes this wonderful program happen. A massive thank you from the bottom of my heart to Isabelle Curtis, Emily Curtis, Zoe Murdoch, Jeff Walton, Paul Laney, Tracy "Tomato" Spence, Mitchell Cole, Caitlin Cole, Janine Mitchell, Lachlan Collins, Roz and Glenn Walker, Laura Goudie, Honour Charles, Lily Mackey, Maya Mackey, Kathryn Parfett, Sasha Fox, Alen Bednjacic, Paul Albietz, Daryl Williams, Annabelle Kidd, Rebecca Ho, Ellen Pratt, Hayley McKenna, Nick Forbes and Sian Slade. You are all priceless.

We are also enormously grateful to our sponsors this season Rotary Club Hampton. Their generosity enabled us to purchase four new blue G Boards as the Starfish are growing up!

Looking forward to seeing everyone next season!

Kerrie Curtis, Starfish Manager

***...outstanding
group of
Starfish
Mentors...
make this
wonderful
program
happen...***



JUNIOR COACHES PROGRAM

What a great initiative that defined the Nippers program this season. Designed and implemented by Sam Dwyer and Victoria Johnson, the program benefited both the Nippers and their coaches. The Nipper lessons were delivered by Coaches that had been through the program recently and in most cases competed for Hampton at a State level. The Coaches received a formal qualification and invaluable experience coaching in a structured program.

Our AGM's appreciated the experience of the coaches many of whom whilst happy to volunteer had limited lifesaving experience.

All Clubs in LSV are working to keep their teens engaged in lifesaving. It was awesome to see such a large contingent of this age group on the beach at Hampton each week.

In total, 21 of our teens stepped up this year to earn a coaching qualification. Our coaches had to complete the Australian Sports Commission Coaching Course, as well as the SLSC Surf Coaching modules (4 for the Level 1 Coaches and 6 for the Level 2 Coaches). We did this over a couple of Sundays at the Club, followed by a practical session with Michael Pratt on Super Sunday. All coaches had to put together training sessions on specific lifesaving sport skills, making sure their exercises catered to a range of abilities and included game-based learning. Congratulations to the following people for attaining their Surf Coach Accreditation:

Level 1 (Foundation Coach): Charlie Schwerdt, Will Garbelotto, James Chadwick, Therese Hetherington, Harry Griffin, Chloe Hoover, Angus Cameron, Luke Henry, Summer Partridge, Jack Duckinson, Will Tuffley, Jack Tuffley, Liam and Tamsyn Higgins

Level 2 (Development Coach): Mia Spencer, Lauren Pratt, Lachlan Costello, Erin Reed, Manna Johnson

"In total, 21 of our teens stepped up this year to earn a coaching qualification..."



JUNIOR LEADERS PROGRAM

Following on from the pilot program in the 2017/2018 Season, the Junior Leaders Program was again a success in keeping our teenage Nippers engaged.

Our Junior Leaders participated in a range of special events throughout the season. A highlight was the IRB Orientation Day. Our Under 12s through to Under 17s were given 30 minute sessions in the IRBs, learning how to crew and do various rescues. Thank you to Jas Lawrence, Jesse Tammesild and their team.

Junior leaders also spent an introduction session learning to paddle the skis. Expertly lead by Peter Costello and his team, the experience was enjoyed by all. I'm sure we will see Hampton competing at Senior's on skis in the future.

Our Under 13s have juggled water and beach activities, with learning about CPR and Live Patient Assessment. Many thanks to Carol Lawrence for walking them through the initial theory. Further sessions included competing in CPR using the Laerdal manikins. Tim Atkins was kind enough to bring along Laerdal's best equipment and technology for our Junior Leaders to try. The App showed depth, rate and overall accuracy of compressions and breaths, all up on the big screen in the Clubhouse. The competition was fierce!

The Under 13s undertook training with Sam Dwyer in live patient assessment, CPR and a final theory exam, as well as a First Aid report. After successful completion of these skills, they gained their Resuscitation Certification, which now qualifies them as Junior Leaders. They were presented with the much-coveted yellow hi vis singlets at Nippers.

Congratulations to:

Ben Davis, Graeme Delmenico, Mia Osler, Matilda Clarkson, Izzy and Lulu Atkins, Maddie Miles, Francesca Nielsen, Madeleine Marcus, Chloe Stone, Sacci Hoover, Darcy Ramm, Christian Beare

Junior Leaders Coordinators - Sam Dwyer, Victoria Johnson & Peter Hetherington

"...undertook training in live patient assessment, CPR...to gain their Resuscitation Certificate."



SPORT

The 2018/2019 season has proven to be an extremely busy for the HLSC Sports team.

Training – ‘At home’ our competitors participated in a multitude of different training sessions over the course of the season from indoor gym sessions, to track based sprint sessions, IRB training and of course water and beach related activities. In addition, a number of our members were fortunate in having the opportunity to participate in the LSV Winter Development and High Performance training squads held over the winter months, really demonstrating that sport in Lifesaving is a full year commitment.

Competitions – HLSC has been very well represented on the competition front this past season. Our members’ black and white competition caps have been visible on the beaches of Glenelg in South Australia for the World Lifesaving Championships through to Aussies held at Broadbeach in Queensland. Between these shoulder events our competitors have participated in multiple one day carnivals as well as Junior, Senior and Master State competitions.

Thank you to all of those who supported our Sports competitors over the season. This support included the provision of training; providing water safety; provision of the IRB; assisting with Jet Ski support; serving as AGMS; being trained in and volunteering as carnival officials; processing and confirmation of entries; organising of transport and logistics; towing the trailer; preparation of gear; serving as Club Captains; keeping our competitors cool or warm as needed, ensuring competitors well fed and hydrated or just providing a moral support during the occasional low moments.

A special thanks from me to the core group of 15 people who represented the different groups that make up the sports portfolio and who provided me with extensive support over the past year. I appreciate your ongoing support and commitment after I stepped into the role.

For those members who would like to become more involved in the Sports program, either as competitors, coaches or any other capacity, we would love to have you on board. Please send me an email sport@hlsc.org.au.

Daryn Marcus, Director of Sports

“Our members’ black and white caps have been visible (across the State) and from Glenelg in South Australia to Broadbeach, Queensland.”



LIFESAVING WORLD CHAMPIONSHIPS

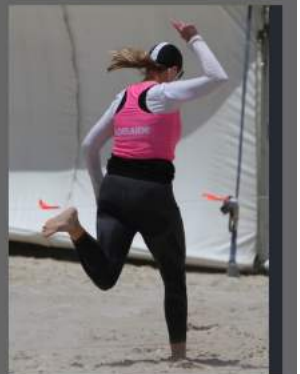
The 2018/2019 season saw the Life Saving World Championships come to Glenelg, South Australia, running in the supposedly sunny month of December but we were left battling with broken grandstands, huge sand walls to protect the beach and inundated with a century's worth of seaweed. Hampton fielded an awesome team competing in seniors, masters and IRB events.

Mia Spencer lead the way for the Hampton seniors coming 9th in U18 (2nd in B final) in Flags and 8th in Sprint U18 (1st in the B final). The mother – daughter duo of Liz and Loretta DeNittis recorded some terrific results and Caroline Webster's water skills shone through as she battled the treacherous waters of Glenelg's storm of the century.

Finally, the storm had passed, the smell of petrol was in the air and the hum of outboard motors echoed down the beach. This can only mean one thing... the IRB's had come to town. Our Hampton Skunks, Jesse Tammesild, Mitch Cole, Andy Lawrence and Jas Lawrence proved their hard work and training had paid off coming in the Top 35 teams in the world for the Men's Rescue event. A huge thanks to Rowan Cole and Nick Forbes, the Skunk's biggest supporters, for helping ensure Hampton was ready for all their races. We are very grateful of our 'Team Mum's' Janine Mitchell and Carol Lawrence for making sure that the team was well fed and photographing all our races.

Jas Lawrence – World Championship Competitor

***“Life Saving
World
Championships
...Mia Spencer
lead the
way...coming
9th...in Flags and
8th in Sprint.”***



JUNIOR COMPETITION SEASON REPORT 2018/2019

Our HLSC comp squad season kicked off way back on October 7 with our first training session taking place at Sweatmaster Health & Fitness in Hampton.

This years' junior comp squad was going to look a little different. The group of 14 year olds were to compete as seniors, yet they continued to train together and some of them held key positions at junior carnivals rallying the groups, helping the AGM's, and taking the warmups as well as keeping the juniors motivated and staying on task.

Many of our athletes were invited to the junior development squad sessions held in the surf at Anglesea while our previous individual medalists trained with the high performance group. Well done to all of you for getting through a long cold winter!

Regular training sessions included Thursday night training, Saturday swim sessions before nippers and Sunday mornings at 9am. Over the course of the season we ran over 40 training sessions with 9 athletes doing over 30 of them showing great commitment and determination. The Hampton cap was also spotted around the country with children training with many clubs while on holidays. Some included Mooloolaba, Alexandra Headlands, Noosa, Clifton Beach in Tasmania, Kiama South in NSW, McRae, Frankston, Pambula, Mornington and Philip Island. Great to see the black and white mixing it up!

We had some special guest trainers including Johnny Van Wisse sharing his brilliance of ocean swimming and we also joined forces with Portsea and had Andrew Lauterstein come and take some swimming and board sessions. These were of huge benefit to the children in gaining Ocean confidence

Junior carnivals took us to Altona, Mordialloc, Lorne, Bancoora, Mount Martha and our Junior State Titles took place in Lorne at the end of February.

The children competed gallantly at every competition in both land and water events. We saw some incredible results throughout the season not only with some medal finishes, but some amazing personal achievements with more children than ever before making it through to finals. A brilliant effort from everyone.

On a personal note I would like to thank our comp squad coaches who were diligent with their efforts providing many hours of time on the beach helping develop these junior athletes. Special thanks to Owen Smith, Manna Johnson, Kerry Osler, Sam Barrow, Michael Pratt and Chris Sando as well as a huge thank you to all our water safety crew. If anyone would like to help out with our training next season please put your hand up. Some of us have been coaching the children for several seasons and will be moving up into seniors so there are plenty of opportunities to assist.

Looking forward to another great season in 2019/2020.

Sarah-Jane Clarkson, Junior Competition Manager



“Over the course of the season we ran over 40 training sessions...including special guest trainer Johnny Van Wisse...”

This season saw the integration of U14's into the Senior Sport Program with U14 and U15 competitors competing as Youth at Senior Carnivals. This initiative by LSV now puts Victoria in line with what other states do and provides a platform for youth competitors to compete at a National level. Having U14 competitors boosted our numbers at senior carnivals and along with a few other "firsts" for us, it made the 2018/2019 season one of our most successful to date for the following reasons:

We had our largest senior squad in Hampton history with 16 competitors from U14-U19 competing for Hampton in both beach and water events across the season. We fielded our largest senior team ever at a Senior State Championships, with 12 athletes from U14-U19 donning the black and white cap. We had our most successful Senior State Championships, bringing home 11 medals and scoring over 70 points for our Club.

Amazingly, only 5 seasons ago, Hampton had no senior competitors! 5 years on, we are establishing a reputation for being one the best performing clubs on the beach. Our numbers now enable us to form teams across several age groups and the ability for competitors to compete up in age also provide us with some welcome depth across all events.

The Hampton flag continued to fly after States, when the team of Olivia May (U19), Mia Spencer, Loretta DeNittis and newcomer, Makayla Newey (all U17) embarked to the Gold Coast for the Hampton assault at Aussies. Competing at the pinnacle of Surf Life Saving, these 4 athletes did not disappoint, with Mia Spencer, placing 4th in the final of the U17 Beach Sprint and the combined age relay team, placing 7th in the final of the U19 Beach Relay; brilliant performances at a national level.

These achievements, along with Jack May, being awarded 2018/2019 LSV U14 Boys Beach Athlete of the Year and Mia Spencer, a finalist for the LSV Athlete of the Year; combine to make the 2018/2019 season a brilliant one indeed!

On behalf of all competitors we thank the following for their ongoing support of the Youth/ Seniors:

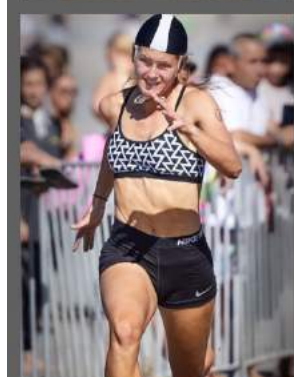
- All parents who transport, officiate, set up, pack up, take photos and support our athletes.
- The HLSC Board, and in particular, Daryn Marcus, Director of Sport, for his ongoing support.
- Phil Mawkes for his dedication and commitment to Senior officiating when he does not have any children competing anymore.
- Sprint coach, Aaron Wood, for his commitment to training our beach athletes across the season.

We look forward to the 2019/2020 season with some exciting announcements and recruitments on the horizon!

Go Hampton!

Susie Massey, Youth/Senior Competition Manager

"This season saw the integration of U14s into Senior Sport which boosted our numbers to make it one of the most successful to date."





With a new venue at Broadmeadows for 2018, the Pool Lifesaving season continued to provide a fun and friendly focus for training over winter. Caroline Webster was successful in winning Silver 100m Manikin Tow, Bronze 50m Manikin Carry, Bronze 100m Obstacles.

The Coolangatta Gold is one of the most challenging endurance races in surf sports. The weekend saw a record 800 competitors racing in varying Endurance distances. Hampton fielded a team of one in the Short Course 50+ Masters Female Event with Caroline Webster winning a Silver Medal.

The Endurance Champs at Mornington LSC saw the welcome return of an over 35's Masters category. This is always a great way to kick off the Summer season, with Caroline Webster winning a Bronze Medal in the 4km run.

Masters State Championships: Lorne February 2019

Competitors again demonstrated their true Hampton competitive spirit at Lorne. With all members being repeat offenders, it was a well prepped and slick team that arrived at the beach early Saturday morning. And by well prepped I mean that all relay competitors had done at least one baton change in the preceding year.

Amongst the points fest were many admirable individual and team performances. It was great to see the Hampton women's beach relay team bounce back from a DQ last year and Steve May return to the flag pit. However, performance of the carnival goes to Michael Pratt. With no regard to his own welfare he cemented Hampton's reputation for fierceness in competition, ability to laugh in the face of excruciating pain (with only a little help from the green whistle) and a love of joy riding in the back of an ambulance to Geelong.

Lorne Club Doctor 0 / Hampton Masters' Shoulders 2.

A fantastic team effort to finish 12th in the State. So, to everyone on the team a huge thank you for your infectious enthusiasm, sense of fun, and grace in the inevitable but thankfully few disappointments of the day. A very special thanks to IRB driver and crew Jas Lawrence and Jessie Tammesild. It was not an easy day to be out in the boat and to have such skilled and experienced operatives was awesome.

Caroline Webster, Masters Team Manager

"With all members being repeat offenders, it was a well prepped and slick team that arrived at the beach...a fantastic team effort to finish 12th in the State."



2019 AUSSIES – NATIONAL LIFESAVING CHAMPIONSHIPS

This year the Aussies- National Life Saving Championships returned to the Gold Coast and Hampton had the biggest team so far attend. The Hampton hat was worn proudly by Olivia May, Macayla Newey, Loretta Denittis and Mia Spencer in all beach events - flags, beach sprints and under 19 relay. These beachies girls showed great sportsmanship, whilst having a great time and showing Australia that Victoria does have some great athletes on the beach.

Loretta, Macayla and Loretta were in the younger age of the under 17's but this did not stop them in racing their legs off. The final results were Mia Spencer coming 4th in the under 17 beach sprint, Macayla making it through to the semi-finals and Loretta did a great job in a very tough heat. Olivia made it to the beach in time to jump in and have a great go at the Under 19 sprint but another tough heat and she missed out.

Mia, Loretta and Macayla then stepped up into the under 19 age group to compete against some other amazingly strong relay teams. They had a great run and came 7th in the nation.

Flags finals were held on the Saturday evening leading to great atmosphere and extra pressure. The girls waved the Hampton flag high again with an amazing effort by all in a highly competitive and at times pretty rough competition. In the under 17 beach flags Macayla made it through to round three, Loretta into round 4 and despite battling an injury, Mia got through to the final 12. Amazing effort from all - what a talented, inspiring, brave and passionate effort for all in such a highly competitive national competition.

Liz De Nittis was Hampton Masters' able representative this season, showing her competitiveness, qualified for the grand finals and finished 6th in Beach Sprint and 9th in Flags!

Aussies this year was another amazing experience for all. Thanks to the support crews of Leonie Newey, Liz Denittis and Megan Spencer. Well done to all of the girls and we look forward to seeing them compete again next season in the Hampton colours, showcasing the wonderful Hampton spirit and skills.

Megan and Mia Spencer

"These beachies girls showed great sportsmanship, whilst having a great time and showing Australia that Victoria does have great athletes on the beach."





POOL CARNIVALS

A small but dedicated team of two proudly represented Hampton Life Saving Club at this year's State Junior Pool Championships coming away with a combined five medals and numerous high placings that earned points for Hampton in the overall Club Championship. Achievements included Will Morrison winning 3 Bronze medals and Savannah James winning 1 Silver and 1 Bronze. Hampton was further represented when Craig James was appointed official starter for the State Championships held at Watermarc in Greensborough. A big thank you to Black Rock Life Saving Club for supporting our competitors and providing an outstanding level of technical coaching. Nadine Phillips did a great job as Team Manager.

Craig James, Pool Team Co-Manager



WINTER DEVELOPMENT SQUAD (WDS)

In the winter of 2018, along with Mia Osler, Matilda Clarkson, Wes Sando and William Smith, I did Winter Development Squad (**WDS**). WDS is the best. You meet so many people from lots of different clubs, you work and collaborate with other clubs, of course train, and most of all have fun. At Hampton LSC, we train mainly on flat water and have no waves and this is not very exciting. Training pushes you to your best and, for us "pond" kids, forces us out of our usual boundaries. The coaches are fantastic and give us great advice and encourage us to keep going, even when we are very tired. WDS keeps us training hard during the cold months so when we begin the season, we're fit and wanting to win. I recommend WDS to everyone.

Madeline Marcus

HIGH PERFORMANCE SQUAD (HPS)

During the winter months of last season, three Hampton Lifesaving competitors were invited to attend the LSV High Performance Squad. Lara Smith, Fran Nelson, Charlie Schwerdt and Fynn Davis all travelled down to various locations along the surf coast including Anglesea, Torquay and Lorne to receive specialist training from representative coaches in preparation for the upcoming season. The specialist training plus the camaraderie developed by training with mixed age groups, clubs and coaches helped to not only develop their skills in the water, but the friendships as well. Thank you to the parents for driving, supporting, feeding and keeping us all warm. Thank you also to HLSC for supporting LSV with these initiatives.

Lara Smith

"A small but dedicated team of two proudly represented HLSC at this year's State Junior Pool Championships, coming away with five medals..."

2019 IRB RACING

This season saw the Hampton Skunks join with the Brighton LSC IRB team. It has been a great learning experience and a great way to develop the skills of our team. The men's teams have consistently been making finals, even coming 2nd in the men's team event and winning a semifinal, the best any Hampton members have done. It has also seen Jas be able to drive for the first time and she has worked very hard to be competitive and managed to make her first final which is a tremendous effort in her first year of driving. The team has also learnt many things about the equipment used and to finely tune Hampton's equipment to allow it to match the speed of the rest of the competition.

Jas Lawrence



"The men's teams have consistently been making finals, even coming 2nd in the men's team event and winning a semi-final, the best any Hampton members have done..."

CHALLENGE THE LAKES GIPPSLAND MAY 2019

The Gippsland Lakes Paddle Challenge is run the first Saturday in May each year. This is a fantastic endurance event for paddlers of all different craft ... surf skis, sea kayaks, SUPs, Surf Boats, even prone paddlers on boards on one of Victoria's most beautiful waterways. This is the 5th year that we have had HLSC members competing in the event. Chris Eastman and Peter Costello completed the epic 27km event from Paynesville to Lakes Entrance in rough, windy conditions on single surf skis with Peter coming 1st in his class. Belinda Tsering and Yvette Costello (1st & 2nd respectively in their class) were on single surf skis and Caroline Webster and Steve May were on a double surf ski (1st in their class) in the 13km Metung to Lakes Entrance event. Next year will be the 10th year of the event and so we hope to get even more HLSC members competing at this Challenge.

Yvette Costello & Caroline Webster



MEMBER SERVICES

CLUB SOCIAL EVENTS

The planning for the social events started well before the first patrol and the first drop of water on our boards.

Thanks to a pro-bono contribution from registered training organisation MCIE, over the winter months HLSC delivered Responsible Service of Alcohol (RSA) training to 7 club members and for the first time, also delivered a Food Handling training course to 17 club members aged 14 to 50-something. This has enabled us to develop a larger pool of members who can share the volunteering roles around club events and activities.

This season there were 3 main social events, being the ever-popular Souvlaki night organised by Amy Derksen, the pizza party evening and the Kids' Disco night that was planned and managed from end-to-end by our outstanding team of junior leaders. Thank you to the amazing team of volunteers who helped out at the formal events and the many weeks of Sundowners on the balcony, including Kerry and Mia Osler, Steve May, Caro Webster, Sarah Clifton-Brown, Sarah Cameron, Sarah-Jane Clarkson, David Clifton-Brown, Tim Atkins, Jas Lawrence and Jesse Tammesild.

In addition, HLSC clubbies attended numerous awards, remembrance and celebratory events through the year including the famous ANZAC Breakfast, Life Members' Tea, Volunteer awards and the Sports awards & Paella night. This season we not only ran many weeks of Saturday Sundowners on the balcony, but also opened up the club to members on a regular Friday night for 'post training pizzas' and sundowners for those who were keen to start off the weekend with a fabulous view.

Our social plan next season will include more regular weekend Sundowners on Friday and Saturday evenings and three key events, including the kick off for the season with a Black & White themed cocktail party.

"HLSC delivered Responsible Service of Alcohol...and a Food Handling course...giving us a larger pool of members to help with functions at the Club".



CLUB KIOSK – SENIORS

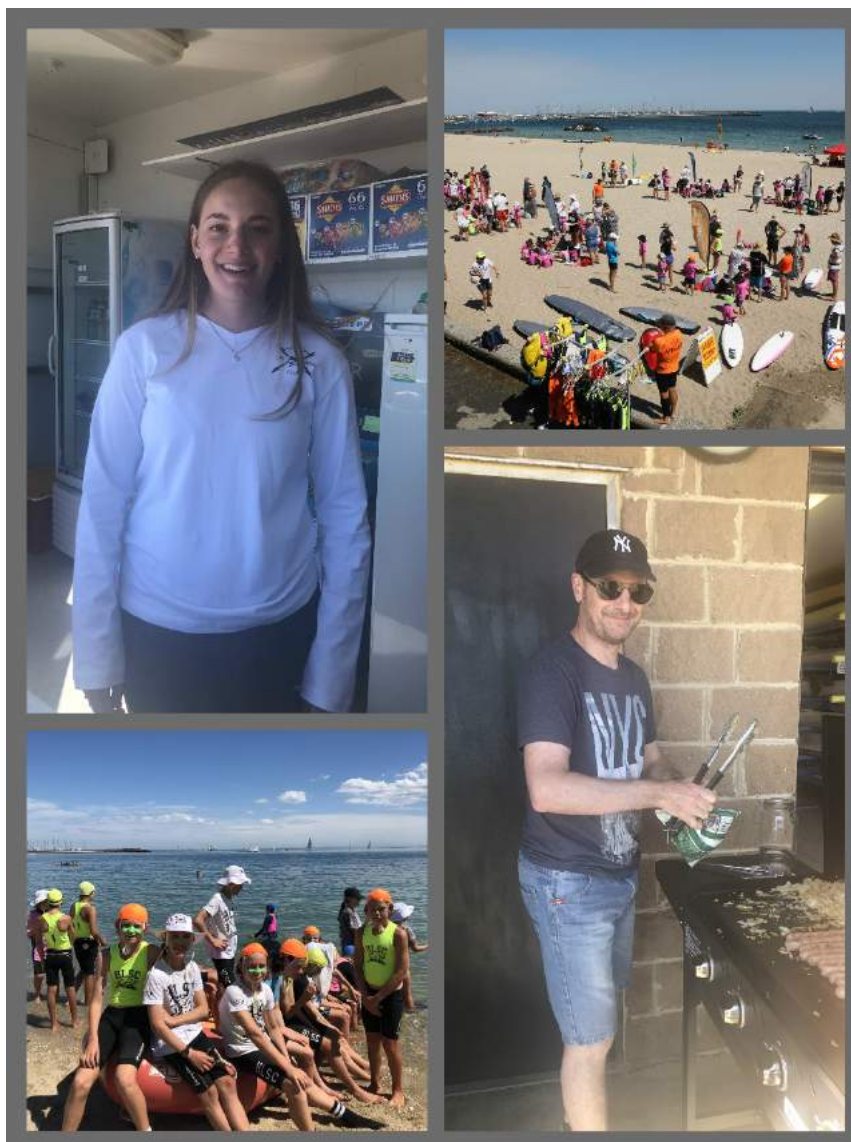
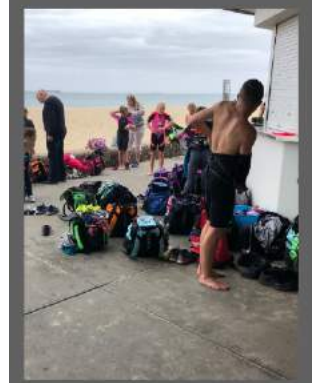
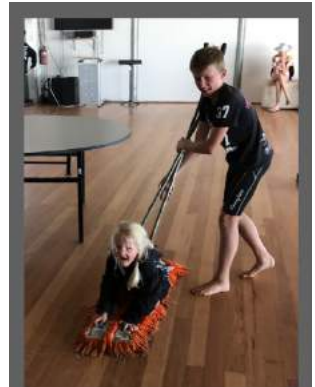
This season was all about creating opportunities for our youth and teen members to develop skills and capabilities whether they were on the sand, in the water, or in the clubhouse.

Building on the formal Food Handling certification that HLSC delivered, we developed a Kiosk Management Team as part of the broader Junior Club Leadership roles which drew applications from our teen members. Three nominated kiosk managers, Tessa Coote, Melie Johnson and Norah Shrives received additional financial management training from Sarah Clifton-Brown. This enabled them to co-ordinate the season's activities, including rostering and managing kiosk and BBQ volunteers, undertaking stock counts, ordering stock and equipment and financial management.

The Kiosk Management team ensured that the kiosk accounts and stock were closely monitored and recorded a revenue of \$3,410 for the season.

The plan for the 2019/20 season will be to continue to manage the kiosk with a designated team of youth members, supported by parent volunteers from each age group within the club. Next season, we will also consider expanding the stock items and opening hours, subject to feedback from club members and in accordance with our license restrictions.

"This season was all about creating opportunities for our youth and teen members to develop skills and capabilities whether they were on the sand, in the water or in the clubhouse."





CLUB KITCHEN 2.0 -PAUL HARDING, CHRIS AUDITORE, STEVE JOHNSON

This season we used a grant to replace the main floor kitchen. Our new black and white kitchen kicked off with a club demolition working bee, ably supported by Paul Harding, Chris Eastman, Marty Barrow, Steve Johnson, David Clifton-Brown and a host of other fabulous folk who helped support the demo.

An unfortunate ankle injury and emergency surgery for Paul Harding required a regroup and Plan B for Kitchen 2.0 which resulted in some delays to the timeline. However, Chris Auditore and his employer Lend Lease offered significant in-kind sponsorship by providing a range of skilled trades, including cabinet makers and flooring suppliers. A big call out to Steve Johnson for stepping into the installation gap and to the Friday night seniors crew of Tom Griffin, Liam Collins, Michael Gori, Tamsyn Higgins and Manna Johnson for painting the kitchen and to Bunnings Mentone and Seconds' World, Mentone for their significant support of our new kitchen.

CLUB MAINTENANCE –PAUL HARDING, SARAH CAMERON & TEAM

It is a huge task keeping the infrastructure of our club running as the harsh wind, rain, sand and salt accelerate the deterioration of the building due to the exposure to the elements and the heavy usage during the summer season. This year we have co-ordinated a series of 'behind the scenes' activities to repair the large sliding doors to the balcony and have resolved the long-standing waste-water issue in consultation with Bayside Council.

On top of these activities we have kept the club ticking with regular maintenance tasks undertaken by Paul Harding. Darren Stone has completed the upgrade to our security by installing the external CCTV cameras to deter theft, break-ins and vandalism. Our CCTV cameras have also been instrumental in supporting a range of other local community safety activities.

Co-ordinating club access for trades requires an army of volunteers to both source trades and be available at the club. This season Sarah Cameron has provided consistent support in this role and the Board would like to thank Sarah for her support. Next season, we would welcome other volunteers who are able to assist with the co-ordination of club maintenance tasks.

CLUB RENEWAL - CHRIS AUDITORE, STEVE JOHNSON, DAVE CLIFTON-BROWN

This season has been a year of review. We have reviewed the previous renovation plans for the ground floor to ensure that they are fit for purpose and storage requirements. We have also undertaken a cost valuation exercise to ensure the work can be funded by the club. We have reviewed further funding opportunities, reviewed planning restrictions and most importantly, invited all club members to provide feedback. We are currently exploring a schedule of works that can be completed in a phased approach to minimise disruptions to the club during the busy season. We remain grateful to club members for their support and patience.

Victoria Johnson, Director Member Services

"This season we used a grant to replace the main floor kitchen...repaired the sliding doors...resolved the long-standing waste water issue...installed CCTV cameras."

RECOGNITION OF SERVICE

RECOGNITION FOR LIFESAVING SERVICE (30+ HOURS OF PATROL)

Kirsten Cleland
Mitchell Cole
Rowan Cole
Peter Costello
Yvette Costello
Harry Curtis
Kerrie Curtis
Graham Davis
Matthew Davis
Ross Donaldson
Sam Dwyer
Nicholas Forbes
Laura Goudie



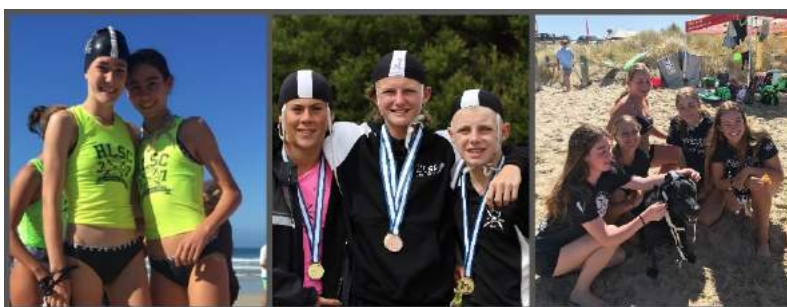
Paul Harding
Paul Laney
Andrew Lawrence
Carol Lawrence
Jasmine Lawrence
Samuel Marcus
Sara Molloy
Zoe Murdoch
Kathryn Parfett
Mia Spencer
Jesse Tammesild
Caroline Webster

RECOGNITION FOR OUTSTANDING ACHIEVEMENT IN COMPETITION

Izzy Atkins
Chris Auditore
Pippy Brailey
Angus Cameron
Cherry Cameron
Sarah Cameron
Charlie Clarkson
Matilda Clarkson
Isabel Clifton-Brown
Tessa Coote
Peter Costello
Yvette Costello
Ruby Cowan
Sarah Darby
Lola Davis
Fynn timer Davis
Liz De Nittis
Loretta De Nittis
Ross Donaldson
Izzy Gelder
Stephanie Gelder
Lucy Hagan
Caitlyn Henry
Majella Hetherington
Chloe Hoover
Savannah James
Andy Lawrence



Abbey Lyons
Madeline Marcus
Philip Mawkes
Jack May
Olivia May
Steve May
Kate Morrison
William Morrison
Francesca Nielsen
Scarlet Nielsen
Mia Osler
Lauren Pratt
Michael Pratt
Chris Sando
Charlie Schwerdt
Macayla Newey
Erin Smith
Lara Smith
William Smith
Mia Spencer
Josh Stuart
Belinda Tsering
Caroline Webster
Daisy Welsh
Lucas Welsh
Molly Welsh
Tiffany Welsh



RECOGNITION OF SERVICE TO THE CLUB

Samantha Barrow
Kirsten Clelland
Sarah Clifton-Brown
Leslie Coote
Chris Costaris
Peter Costello
Dale Crowhurst
Kerrie Curtis
Caleb Davis
Sophie Davis
Amy Derkson
Nick Forbes
Will Garboletto
Tom Hall
Chris Hartley
Grant Henry



Maryanne Hetherington
Craig James
Steve Johnson
Paul Laney
Carol Lawrence
Greg Lyons
Melissa Marcus
Zoe Murdoch
Kathryn Parfett
Darren Smith
Marc Smith
Sam Smith
Darren Stone
Caroline Webster
Lucas Welsh

HIGHLY COMMENDED SERVICE TO THE CLUB

Sarah Cameron
Sarah-Jane Clarkson
Graham Davis
Sam Dwyer
David Hagan
Peter Hetherington
Victoria Johnson
Jas Lawrence



Susie Massey
Steve May
Kerrie Osler
Helen Partridge
Chris Sando
Owen Smith
Jesse Tammesild
Tiffany Welsh

AGE GROUP MANAGERS - RECOGNITION

Scott Krischock
Carly Lyons
Amelie Llorca
Jennifer Walker
Jason Cooper
Ben Armstrong
Kate Bayne
Sean Ward
Lucas Welsh
Mia Soper
Kerry Osler
Annette Sando
Matt Vandreit
Dan Johnson
Russell Brown
Cameron Hollingworth
Gregor Brown
Carl Duckinson
Nadine Phillips
Chris Auditore



Tiffany Welsh
Glyn Higginson
Mark Taylor
Jill McCrone
Kirsten Clelland
Tom Sijmons
Katrina Lambert
Anne Henry
Tom Hall
Rick Osler
Don Smith
Sam Sammut
Grant Henry
Martin Shrivess
Tim Atkins
Melissa Marcus
Victoria Johnson
Sam Dwyer
Sarah Flanagan

RECOGNITION OF SERVICE - JUNIOR LEADERS

Francesca Nielsen
Izzy Atkins
Lulu Atkins
Madeline Marcus
Matilda Clarkson
Mia Osler
Sacci Hoover
Madeline Miles
Ben Davis
Darcy Ramm
Graeme Delmenico
Christian Beare
Zoe Costaras
Rose Earp
Ella Sams



Lara Smith
Melie Johnson
Erin Smith
Tessa Coote
Majella Hetherington
Zoe Wilson
Alex Sim
Sophie Pratt
Fynnie Davis
Charlie Clarkson
Harry Crompton
Elliot Kulik
Jack May
Josh Stuart
Norah Shrives

RECOGNITION OF SERVICE - JUNIOR COACHES

Will Garbelotto
James Chadwick
Therese Hetherington
Harry Griffin
Chloe Hoover
Angus Cameron
Luke Henry
Summer Partridge
Jack Duckinson
Will Tuffley



Jack Tuffley
Liam Higgins
Tamsyn Higgins
Mia Spencer
Lauren Pratt
Lachlan Costello
Erin Reed
Manna Johnson
Charlie Schwerdt



THANKS TO OUR SPONSORS

Hampton Life Saving Club is proud and grateful to have the support of the following sponsors:



HAMPTON
ROTARY CLUB

Tasmanian
Grocer



2018/2019 HLSC ANNUAL AWARDS

Hampton Life Saving Club is run entirely by volunteers and it could not function without the considerable time, dedication and enthusiasm of our membership; for that we thank all of you for your activity over the course of the year. Particular thanks to the following people, who we are delighted to recognise with the Club's following Annual Awards.

Junior Lifesaver of Year – Centenary Trophy	Jack May
Intermediate Lifesaver of the Year – Centenary Trophy	Samuel Marcus
Senior Lifesaver of the Year – Ted Reynolds Trophy	Laura Goudie
Best Club Member – Margaret Straford Trophy	Kirsten Cleland
Outstanding Services – RM Ivison Trophy	Caroline Webster
Best New Club Member	Peter Delmenico
Longstanding & Conspicuous Service – Robert Leviston Memorial Trophy	Tiffany Welsh
President's Award	Helen Partridge



LONG SERVICE AWARDS

In 2018, the Board created a Life Membership & Club Awards Policy. In doing so the Board has created a Long Service Award to recognise years of Active and Consecutive Service, starting from 10 years with a medallion and a bar for every further 5 years. This year's recipients are:

Graham Davis	Steve Johnson	Janine Mitchell	Darren Stone
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OUR CLUB VALUES



Preservation of Human Life

Our Club exists to provide a safe aquatic environment at Hampton Beach for the public by managing the risks posed to human life by all aquatic environments. Our role is prevention, recognition and rescue.



Volunteerism

We are all volunteers who share a common commitment to the principles of community participation in lifesaving. We value and recognise the efforts of all of our members and the service they provide our community.



Stewardship

We recognise we must be effective, ethical stewards of the resources and traditions placed in our trust for future generations. We recognise that using and protecting the financial, physical, technological & human resources of the Club are a shared responsibility of all members.



Equity & Diversity

We respect and embrace all members of our community and the public we serve without regard to differences based on race, age, gender, religion, sexual orientation, nationality and physical or mental ability.



Excellence

We are committed to the achievement of the highest standards in all that we do as a club and to the delivery of quality lifesaving services to our members, the public, stakeholders and sponsors.



Teamwork & Mutual Respect

We use teamwork as the basis of how we create a safe, positive and encouraging club culture in which everyone is valued. Our club culture is built on a foundation of trust, mutual respect, empowerment and cooperation.



Honesty & Integrity

We pride ourselves on the honesty and integrity, and the manner in which we deal with each other, the public and our stakeholders.



Lifelong Learning

We provide members with a learning environment that provides members with opportunities for personal development in lifesaving education and awards, and encourage them to improve their lifesaving knowledge and techniques.



Innovation

We expect and reward enthusiasm, effort and management that anticipates and responds in innovative ways to the needs of members, sponsors, stakeholders and the community.



2018/ 2019 Annual Report