

# HAMPTON LIFE SAVING CLUB

---

*2022-2023 Annual Report*



# CONTENTS

---

Message from the Club Patron	2
Board of Directors	3
Life Members	4
President's Report	5
Secretary's Report	7
Finance and Strategy	8
Member Services	9
Lifesaving Operations	10
Training Report	12
Powercraft Report	13
Nippers	14
Junior Leaders	23
Starfish Nippers	25
Sport Update	27
IRB Racing	29
Long-Service Awards	31
LSV and Community Awards	32
Sponsors	33
2022-23 Club Awards	34



*Australian Championships Gold! Congratulations to Hampton Skunks (l to r) Mia Osler, Jesse Tammesild, Mitchell Cole and Jas Lawrence for taking first in the Under 23 Men's Mass Rescue at the Australian IRB championships in Kingscliff, NSW in July. More about IRB racing on page 29.*

# CLUB PATRON, ZOE DANIEL MP

*Independent Federal  
Member for Goldstein*

I am a huge supporter of lifesaving. My husband Rowan and I have absolutely loved being involved in lifesaving for many years as volunteers. Both of our children have been through nippers and now regularly patrol down on the Great Ocean Road.

I am so grateful to be the patron of our own Hampton Life Saving Club, which makes such an amazing contribution to the fabric of Hampton. Lifesaving is not only an essential service, helping keep all of us safe in and around our beautiful bay, it also

connects our communities, promoting community involvement and providing enormous benefits to children and adults.

Hampton's ongoing commitment to the development of the Nippers program continues to grow the club while nurturing the next generation of life savers who

develop skills in teamwork and problem solving, all in a healthy, outdoor environment.

This positive energy around Hampton Life Saving Club helps attract new members, ensuring long-term sustainability and promoting a culture of safety and

achievement.

The values of the club set leadership across the community—the core values of respect, integrity honesty and diversity are what we strive for together.

I especially enjoy being part of the active engagement the club

brings to the community through the regular beach clean-ups, Pride Patrol, Green Patrol and Pink Patrol.

Thank you everyone for all that you do for Hampton. I am honoured to be your patron.

~ Zoe



# BOARD OF DIRECTORS

---



*2022-2023 board members, left to right:*

*Andrew Hill, Secretary, Chris Sando, Director of Finance,  
Jesse Tammesild, Director of Lifesaving Operations, Michael Pratt,  
Director of Sport, Kirsty Haydon, Director of Member Services,  
Erin Reed, Director of Junior Activities, Andy Lawrence, President*

# LIFE MEMBERS

---

*Mr McLaughlin*

*Mr C Elliott*

*Mr RC Harris*

*Mr G Symons*

*Mr R Charrette*

*Mrs Symons*

*Mrs Elliott*

*Mr H Mason*

*Mr Howell*

*Mr R Jervis*

*Mrs Porter*

*Mrs J Rowe*

*Mr Young*

*Mrs E Harris*

*Mr Horton*

*Mr Bear*

*Mr W Pinner*

*Mr Kilgour*

*Mr Moulden*

*Mr E Sollis*

*Mr F Poyser*

*Mr R Leviston*

*Mr R Cox (Patron)*

*Mr R MacAulay*

*Mrs B MacAulay*

*Mrs D Pearce*

*Miss V Andrews*

*Mr S Andrews*

*Mr H Webrens*

*Mrs S Steinwedel*

*Mr C Angee*

*Mr P Carey*

*Mr B Minihan*

*Mr E Walker (Patron)*

*Mrs P Taylor*

*Mr E Straford*

*Mrs D Brooks*

*Mr P James*

*Mr S James*

*Mr B Wooding*

*Mr G Symons*

*Mr D James*

*Mr D MacDonald Snr*

*Mrs P James*

*Mr S Trapani*

*Mrs S Trapani*

*Miss P Reynolds*

*Mr T Reynolds*

*Mr R McMaster*

*Mr T Bombardieri*

*Mr B Doughton*

*Mr M Ghalayini*

*Ms J Dacy*

*Mr N Forbes*

*Ms J Heat*

*Mr S Cartwright*

*Mr B Blackall*

*Ms C Beaumont*

*Mr C Eastman*

*Mr D McLeod*

*Mr P Harding*

*Mrs A Harding*

*Mrs D Maloney*

*Mr J Watson*

*Mrs Y Costello*

*Prof AJ Lawrence*

*Dr C Lawrence*

*Mr J Walton*

*Mr R Cole*

*Ms K Curtis*

*Mr P Mawkes*

*Ms S Dwyer*

# PRESIDENT'S REPORT

---

*Andy Lawrence, Board President*

What a year for Hampton!

Firstly, I would like to give my sincere appreciation to all members who volunteered for the club in any capacity. Our club is built on a foundation of volunteering and inclusion, and this is important to me. We cannot function without everyone helping out. Please continue to support your club—many hands make light work! Special thanks to our board members and their teams for putting in all year round. This season our board included:

President—Andy Lawrence

Secretary—Andrew Hill

Director Finance/Strategy—Chris Sando

Director Junior Activities—Erin Reed

Director Lifesaving—Jesse Tammesild

Director Member Services—Kirsty Haydon

Director Sport—Michael Pratt

Andrew Hill is bowing out following tremendous contributions—this was his second board position, previously taking on the role of Director Finance/Strategy. On behalf of HLSC, I am so appreciative of your assistance and input over the years. Your commitment has been exceptional.

Jesse, Michael, Kirsty, Chris and Erin—a great team effort over the past season. I look forward to working with you again going forward, in what will likely be my final year in the presidency. Teamwork is vital in lifesaving and the board has shown great capacity in that regard. Chris Sando—great work as incoming Director Finance/Strategy. It has been a busy year for you and your team and we really appreciate your efforts. Kirsty Haydon—top job! The kiosk was rocking (great work, Josh Laney) and we had the return of social functions after quiet years during the pandemic. Hall hire is also back with a vengeance (thanks, Carol for looking after this). Erin—the second young leader to join the board, following in Jesse's footsteps. Well done in your first year and for organising a team that delivered an awesome Nippers season.

Our primary role is providing a service to the community and ensuring a safe, friendly and welcoming environment for all visitors to Hampton Beach. Again this season we excelled, maintaining compliance and responding whenever needed. Thanks to Jesse and your team; also, thanks to our Chief Instructor, Jas, for efficiently organising regular and new



award training over the season. Hampton lifesavers also contributed to flood responses—we are very proud of you for giving up your time to act in such a selfless manner.



Over the past season we ran Pink and Green Patrols, plus we had our inaugural Pride Patrol. Thanks to Sienna for organising the latter event which will become a regular on our calendar. In this regard, the club has purchased a rainbow rescue board—keep your eyes out for it on the beach. Another great example of HLSC being innovative and inclusive.

We have nominated a number of members for the upcoming annual Awards of Excellence that will be decided just before this goes to print:

- Community Education Award—Zoe Murdoch
- Emerging Official of the Year—Leonie Mawkes
- John Wishart Memorial Medal, Volunteer Lifesaver of the Year—Jasmine Lawrence
- Nipper Program of the Year—Joe Hetherington, Sophie Pratt, Madeline Marcus, Mia Osler, James Blake
- Graeme Long Award, Volunteer of the Year—Sam Dwyer



You can see a full list of the year's awards and honours on page 32. Well done to all nominees—it's great to recognise so many diverse qualities here at HLSC.

This season saw another action-packed Nippers/Starfish program—thanks again to all who helped in any way. Special thanks to our junior coaches for their tireless and highly skilled input to Nippers. Our Starfish program celebrated its 10<sup>th</sup> anniversary this season—congratulations to Kerrie Curtis, Zoe Murdoch and the whole team for a sterling effort over a decade.

From a sports perspective we hosted two carnivals at Hampton this season. In December, we ran a twilight beach carnival that was a great success. More recently, in May we hosted an IRB carnival that had the highest number of athletes ever and was also a great success. This followed an IRB carnival we hosted last season and, with any luck, we will become a regular venue! Thanks to everyone who helped out with these events and also to Michael and his team for guiding sport over the season. If you didn't already know—we have some state champions in our midst. Congratulations to everyone who competed—it's great to win but having a go and having fun are the most important.

Thanks to Kathryn and Laura-Jay who worked hard to process our membership applications, renewals and working with children checks. Also, thanks to Amy for coordinating comms. In the spirit of inclusion, I hope to see you all back next season for another year of action, friendship and assisting the community more broadly. Feel free to bring along your friends to show them what fun it is—we might get some more members!

See you on the beach!

# SECRETARY'S REPORT

*Andrew Hill, Secretary*

The 2022–23 season was a great one for the Hampton Life Saving Club, and it has been an honour and privilege to serve on the board of this dynamic club. My two-year term is up, and with other commitments, I am moving on. But I first need to say a massive thank you to those who make this role both rewarding and streamlined.

## Membership

Kathryn Parfett, along with Laura-Jay Goudie, have done a mountain of work behind the scenes this season and for several previous years. Without their knowledge and assistance, membership renewal would be a real challenge. During the season, LSV/SLSA are known to change and introduce a few things, and the experience of the membership team allows the Hampton Life Saving Club (and its members) to successfully navigate the process. This season the membership team enrolled 725 members, including 217 nippers, which is approximately 10% less than last year. Overall, this is a pleasing result, as volunteer numbers for most organisations within Victoria (and Australia) have been lower post-pandemic.

## Member Welfare

Craig James has been our member protection officer for six years, and has always done a great job of supporting our members and handling complaints and queries. He regularly attends member protection training sessions run by LSV in order to provide up-to-date, informed advice as needed. Fortunately, Craig doesn't have to intervene often. Our club chaplain, Colin McInnes Smith, also made himself available, greeting people on the beach and supporting nippers and starfish families.

## Surfguard Registrar

Thank you to Jesse Tammesild, the current Director of Lifesaving, for nominating himself in this role over this past season.

## Communications

Finally, and as myself and past secretaries have stated, a seriously massive thank you to Amy Derksen, who once again dragged us kicking and screaming, to make sure we met our publication deadlines for newsletters and disseminated other documents. Without her simplification of the processes to prepare and compile this information, we would not be able to keep you informed as we do. Also, well done, Amy, for putting together this fantastic annual report on our season, and thanks to the many contributors to our different social media forums.

I am very lucky to have had the support of such a professional and enthusiastic team! Whilst my term is over, I will still see you on the beach. Thanks again to all who have assisted me over the past two years.





# FINANCE AND STRATEGY

*Chris Sando,*

*Director of Finance and Strategy*

The club has had a strong year financially with operations back to full swing after a couple of covid-impacted years.

Income increased by around 50%, spread across a number of sources, in particular:

**Sponsorship**, with Westfield Southland coming on board as a major sponsor. A big thank you to our youth coaches who helped out during the term 1 school holiday activities, demonstrating lifesaving skills to young people in a fun, beach-themed environment. You may have seen Westfield signage around the club and also on this year's comp squad t-shirts, along with other club sponsors, Bendigo Bank, Nexus and Salta.

Thank you to all our sponsors who help the club to deliver a high level of service to the community.



**Bar and kiosk sales** had a bumper year with the launch of the upgraded kiosk, aided by strong nipper numbers and two home carnivals at Hampton. The new slushie machine was working overtime on hot days, and the new Square tap-n-go system proved to be popular, far outweighing cash sales.

**Hall hire** bounced back well with members, friends and the local community taking advantage of the breathtaking views and freshly revamped facilities.

**The IRB team** have also been super active, chipping in nicely with a great tin rattle result, and earning revenue and exposure for the club by performing multiple water safety shifts at 2XU triathlons.

Expenses were up across the club, reflecting a full slate of activities. Key areas were nipper, patrol and IRB expenses. On the capital expenditure front, we took delivery of a new Bombardier yellow ATV—a very recognisable presence on the beach—as well as a number of rescue and nipper boards.

I would like to thank our volunteer bookkeeper, Kathy Pratt, for her support—she is a whiz at all things MYOB. In the new financial year, a new team member will join us to help out with tracking and managing our grant applications. Welcome aboard Rachel Sutton, and bring on financial year 2024! HLSC is in great shape to take on the challenges of next summer and beyond!



# MEMBER SERVICES

---

*Kirsty Haydon,  
Director of Member Services*

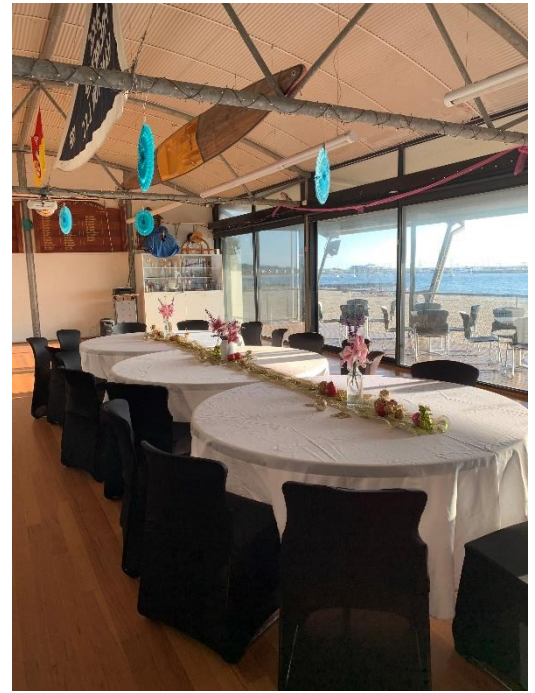
Taking over from Helen with a newly renovated kitchen and kiosk has made it a very manageable start for all the services in this portfolio. Thank you Helen!

A new slushie machine in the kiosk has been enjoyed by the nippers, members and passing community, especially on very hot days. I have run the kiosk with the intention of including healthier products, such as wholemeal bread, chips with no added colouring and nasties, muesli bars, etc. Every week, Baker's Delight on Hampton Street donated the bread for Saturday sausage sizzles—thanks, Paul!

Our kiosk helpers have done a great job—we have always had a crew, especially for the busy Saturday afternoon rush. Thanks to Kylie and Alison for opening the bar for Sundowners and making sure nibbles are ready for hungry visitors. Josh has been my right-hand man, with support from his family, to keep the kiosk open and running beautifully. Great work, team!

Hall hire has ramped up post-covid. We have amazing facilities with breathtaking views that people are enjoying for weddings, parties, yoga and more. It's fantastic to see this as a revenue stream for the club. Thank you, Carol, for managing the bookings!

I have also organised a number of member functions—pizza night, Santa, club championship awards, and a fun New Year's Eve. ANZAC breakfast and the swim/run is always a great way to remember our war heroes. And the end-of-season Thank the Volunteers night at Hampton Bowls Club was a great achievement, with numbers the best they have been for at least three years. It is my vision that these social functions continue to grow—the more you use and engage in the club, the more you get out of it!



# LIFESAVING OPERATIONS

*Jesse Tammesild, Director of  
Lifesaving Operations*

Thank you to all the incredible patrollers that we have at HLSC! Without your dedication, we would not be able to keep our local waterways safe for the community. To all the patrol captains, thank you for your flexibility and willingness to trial the new patrol hours—our efforts in this have been well recognised by LSV. Sam M, Nick F, Jeff W, Paul L, Jas L, Henry T and Peter C, thank you for keeping our equipment and supplies in perfect condition. There was a lot to repair and restock this season, and it was always done promptly. To our top-notch training team, our training is second to none and is a testament to you all.

This season was quite a busy one with a total beach attendance at Hampton of 40,250. We also had 2,412 preventative actions and countless minor first aid cases during patrols. We attended four major first aids and two rescues. It is terrific that our members are putting their skills to use to directly benefit our local community. For those who responded to any incident, please reach out at any time if you need a chat—there is plenty of support available.

Our themed patrols were once again a raging success. We truly are leading the way with inclusivity and the awareness we bring through these events. To those who put in the time to make them happen, thank you for creating a positive environment for everyone at HLSC.

As we all know, inflatable rescue boats (IRBs) are an integral part of surf lifesaving in Australia. They are the cornerstone of our rescue equipment and incredibly important to what we do. Paul James, your contributions to HLSC and lifesaving have been enormous for many decades. Now Hampton LSC is honoured to be able to present our new IRB, named in recognition of your service.

Finally, I'd like to thank the board for the ongoing support. There have been a few challenges I have faced, and everyone has always been there to help and support me in this role.



## Lifesaving Hours

Henry Tammesild	158.7	Emily Carty	32.5	Milliana Welberry	17.0
Amelia Toogood	134.1	Cooper Hartley	32.3	Hugo Hall	16.5
Harrison Curtis	121.9	Olivia May	32.0	Paul James	15.8
Jesse Tammesild	120.7	Rowan Cole	31.5	Ben Davis	15.5
Zoe Murdoch	109.1	Kathryn Parfett	30.8	Lucas Welsh	15.3
Paul Laney	107.3	Peter Delmenico	30.6	Tom Osler	14.7
Mia Osler	106.0	Christopher Eastman	30.5	Andrew Hill	14.5
Jasmine Lawrence	100.1	Yvette Costello	29.9	Harrison Block	12.5
Mitchell Cole	99.8	Tamara Sando	29.5	Sienna Costello	12.5
Samuel Marcus	78.2	Olivia Tsantarlis	29.3	Daisy Welsh	11.4
Laura-Jay Goudie	77.1	Daryn Marcus	28.8	Honour Charles	10.8
Darren McLeod	73.0	Molly Welsh	28.6	Leigh Oram	10.7
Amelia James	71.4	Matthew Davis	27.5	Melissa Marcus	10.3
Erin Reed	65.5	Paul Harding	27.4	Darren Stone	10.3
William Swinnerton	61.7	Ross Donaldson	27.1	Connor Brooks	10.0
Kerrie Curtis	61.6	Graeme Delmenico	26.6	Piper Pascoe	8.3
Alisha Rowden	61.3	Ellen Pratt	26.5	Kirsty Haydon	8.0
Fred Shaw	58.9	Lara Smith	26.5	Annette Sando	7.8
Joshua Laney	56.6	Stephanie York	25.5	Kate Morrison	6.5
Joseph Hetherington	55.4	James Quine	25.1	Chloe Shieh	6.3
Alexander Walton	52.3	Madeline Marcus	24.6	Sophia Lyons	6.0
Kirsten Cleland	50.3	Tiffany Welsh	24.5	Jack May	5.8
Daniel Henry	48.7	Arianna Tzanidis	23.8	Alexandra Sim	5.7
Samantha Dwyer	47.6	Elizabeth De Nittis	23.5	Mark Garbelotto	5.5
Sophie Pratt	46.2	Sara Molloy	23.5	Donovan Smith	5.3
Carol Lawrence	45.6	Chloe Stone	23.5	Kailun Sun	5.3
Lani Hammam	45.0	Elizabeth Auditore	22.0	Isabelle Curtis	5.1
Andrew Lawrence	43.7	Caitlyn Henry	22.0	Owen Smith	5.0
Thomas Horton	43.5	Delphine York	21.8	Gregory Lyons	4.5
Amy Derksen	42.6	Michael Pratt	20.2	Venetia Wallace	3.5
Nicholas Forbes	42.6	James Blake	19.8	Andrew Buckland	3.3
Jeff Walton	42.3	Julia Phillips	19.5	Emmy Clarke	3.0
Luke Joyce	42.3	Sacci Hoover	19.0	Lucia Hetherington	3.0
Graham Davis	38.5	Caitlin Cole	18.5	Julia Hay	2.5
William Smith	37.5	Kyle Hearne	18.3	Isabel Horton	2.0
Adrian Pratt	36.3	Wesley Sando	17.8	Marie Brunelli	1.8
Matilda Clarkson	36.0	Eric Shaw	17.7	Adrian Blake	1.5
Michael Garbelotto	35.8	Abbey Lyons	17.4	Andrew Bognar	1.5
Christopher Sando	34.1	Cherry Cameron	17.3	Rachel Bognar	1.5
Caroline Terrier	33.9	Peter Costello	17.1	Aidan Hearne	1.0

# TRAINING REPORT

*Jas Lawrence, Chief Instructor*

First and foremost, I would like to thank all trainers, assessors, facilitators, trainees, and helpers who put effort into HLSC this season and enabled us to run great courses! Your support is greatly appreciated.

It's been a great season, and we're super proud of being able to run a full host of courses in house this season. We've had great numbers on all our courses! We've worked with HLSC member and McKinnon Secondary College teacher Zoe Murdoch to collaborate for a new SRC program for their year 9 students. In its first season, this program ran with immense success!

Congratulations to all who completed new awards:

**Surf Rescue Certificate:** 81 candidates

**Bronze Medallion:** 28 candidates

**IRB Crew:** 12 candidates

**IRB Driver:** 4 candidates

**CPR:** 18 candidates

**Advanced Resus & First Aid:** 19 candidates

**Silver Medallion Patrol Captain** (new Beach Management): 3 candidates

**SSV Operator:** 7 candidates

Thanks to everyone who was involved in training and assessment at HLSC over the past three seasons. I will be stepping down from this role at the annual general



meeting and am pleased that the very capable Millie Toogood will take over as chief instructor for the 2023-2024 season onwards.

The [training@hlsc.org.au](mailto:training@hlsc.org.au) email address will remain for all your training needs!

See you next season!



# POWERCRAFT REPORT

*Henry Tammesild*  
*Powercraft Officer*

Thank you to all drivers and crew who have given their time this season to assist the community and club. It's great to see we have so many members keen to be involved.

Congratulations to all our new drivers and crew—achieving this award is a fantastic effort and one that is essential to the ongoing success of our life saving club.

A huge thanks to Jeff Walton and Paul Laney, without whom we wouldn't have our boats in the outstanding condition that we do.

Prior to next season, we will be receiving a new IRB hull, as well as two new motors through various grants. Sadly, motor five didn't make it through the year.

Finally, thank you to all members who pitched in to clean and maintain our equipment on a day-to-day basis after each patrol.

## IRB Drivers

Caitlin Cole  
Mitchell Cole  
Rowan Cole  
Peter Costello  
Sienna Costello  
Harrison Curtis  
Isabelle Curtis  
Kerrie Curtis  
Ben Davis  
Graham Davis  
Matthew Davis  
Samantha Dwyer  
Nicholas Forbes  
Mark Garbelotto  
Michael Garbelotto  
Laura Goudie  
Paul Harding  
Andrew Hill  
Amelia  
Luke Joyce  
Paul Laney  
Andrew Lawrence  
Jasmine Lawrence  
Samuel Marcus  
Zoe Murdoch  
Mia Osler  
Michael Pratt  
James Quine  
Erin Reed  
Christopher Sando

Donovan Smith  
Darren Stone  
Henry Tammesild  
Jesse Tammesild  
Amelia Toogood

## IRB Crew

Connor Brooks  
Matilda Clarkson  
Graeme Delmenico  
Peter Delmenico  
Aidan Hearne  
Kyle Hearne  
Daniel Henry  
Joseph Hetherington  
Peter Hetherington  
Thomas Horton  
Adrian Pratt  
Alisha Rowden  
Wesley Sando  
Fred Shaw  
Chloe Shieh  
Zac Shieh  
Donovan Smith  
Chloe Stone  
Caroline Terrier  
Olivia Tsantarlis  
Molly Welsh  
Tiffany Welsh  
Stephanie York



# NIPPERS

*Sam Dwyer, on behalf of Erin Reed,  
Director of Junior Activities*

What an incredible season for our 217 nippers this year! We are extraordinarily proud of the fabulous young junior activities team who planned, administrated, wrote and ran the program, as well as our 30+ junior coaches who executed it.

Our program goes beyond the standard beach and water skills taught in other programs, extending to the introduction of lifesaving and leadership skills and creating a clear lifesaving pathway—our nippers are mini lifesavers in the making!

This year focused on three major initiatives, the success of which has made us a finalist for the LSV Nipper Program of the Year Award to be decided on 12 August (just after this goes to print):

- 1. Minimising volunteer burnout:** By getting more people involved and moving to an online project management platform, 15 team members could contribute to behind-the-scenes management and programming, rather than leaving it to one or two people.
- 2. Parent engagement:** Considerable effort was made to encourage parents to join in as AGMs, parent helpers and BBQ masters. Thank you to the 48 parents who stepped up to become accredited AGMs. It was great to see black-and-white check shirts across the beach, providing crowd management and support to our coaches. Hampton accounted for 25% of all newly accredited AGMs in Victoria this season.
- 3. Building on lifesaving skills:** We added signals, tube rescue and DRS, to the DRSABC and CPR



events consolidated in previous years. This integration of lifesaving at an early stage of nippers has been identified at state level as a breakthrough initiative, which LSV is keen to replicate across the Victoria and showcase nationally.

Thank you to every nipper parent for volunteering in the kiosk and on the BBQ, assisting with running events, set-up, pack-down, inflatable management and importantly, Sundowners. You truly brought back the community feel after a long struggle back to normal after covid. Also, thank you to our courageous water safety officers who turn up every week and stay in the

## Accredited Age Group Managers

Claire Allen-Terry	Steven Clarkson	Jennie Stanko	Suzana Meier	Chris Meier
Michael Whittaker	Erin Reed	Louise Scales	Michael Pratt	Kerry Osler
Peter Hetherington	Andrew Hill	Sam Dwyer	Melissa Marcus	Nadine Phillips
Tiffany Welsh	Thomas Hall	Chris Auditore	Kirsten Cleland	Nina Pollard
James Pollard	Rhys Quick	Stuart Worn	Kim Dumayne	Jasper De Boer
Kate Johnston	Kylie Kidd	Rohan Braddy	Ashley James	Martin Cox
Claire Smart	Julia Hay	Carrie Collett	Bing Fan	Matt Curry
Jo Borenstein	Johnathon Chew	Andrew Reid	Victoria Hatfield	<b>Mentors</b>
Tricia Wong	Geoffrey Tham	Mary Walker	Mark Browning	Sam Dwyer
Ashley Batchelor	Andreas Mindt	Mathew King	Sarah Clarkson	Kirsten Cleland



water for one or two hours to ensure we have the ratios to run a water program.

Finally, to the junior activities team—Peter Hetherington, Sam Dwyer, Melissa Marcus, Michael Pratt, Mia Osler, Joe Hetherington, Sophie Pratt, Daniel Henry, Zara Collett, Jimmy Blake, Madeline Marcus and Harrison Block—thank you. We could not have rolled out our intensive lifesaving program on top of a standard program without your commitment. The invitation for you to teach other clubs about our lifesaving and software initiatives at this year's pre-season forum is testament to your accomplishments. Well done!





**Under 6 Girls**

First Place  
Annie Smart  
Matilda Stribley

Second Place  
Phoebe Clarkson

Third Place  
Fleur Galland

Age Managers Award  
Zoe Kirkby

**Under 6 Boys**

First Place  
Nicolas Miras

Second Place  
Freddie Morris

Third Place  
Findlay Lumsden

Age Managers Award  
Lewis Cox  
Robert Chew  
Oscar Styles



**Under 7 Girls**

First Place  
Seren Cummings

Second Place  
Scarlett Riemann

Third Place  
Anna Bukharov

Age Managers Award  
Sandra Bright

**Under 7 Boys**

First Place  
Olivier Trioitzky  
Pelletier

Second Place  
Nicholas Hornstra

Third Place  
Ryan Tham

Age Managers Award  
Wilhelm Mindt  
Thomas Ogilvie  
Avish Thevadasan



### Under 8 Girls

Overall Club Champion  
Florence Smart

First Place: Sport  
Florence Smart

Second Place: Sport  
Sophie Cox

Third Place: Sport  
Katie Srepanit

First Place: Lifesaving  
Ava Samimi  
Matilda Murray

Second Place: Lifesaving  
Mackenzie Hughes

Third Place: Lifesaving  
Florence Smart

Age Managers Award  
Amelie Herrity  
Emma Paddle



### Under 8 Boys

Overall Club Champion  
Noah James

First Place: Sport  
Noah James

Second Place: Sport  
Benjamin Hornstra

Third Place: Sport  
Alexander Chew

First Place: Lifesaving  
Alexander Chew  
Noah James

Second Place: Lifesaving  
Benjamin Hornstra

Third Place: Lifesaving  
Jude Lindsay

Age Managers Award  
Elliot Cummings





**Under 9 Girls**

Overall Club Champion  
Niamh McGoldrick

First Place: Sport  
Niamh McGoldrick

Second Place: Sport  
Isla Harriss

Third Place: Sport  
Lucinda Auditore

First Place: Lifesaving  
Ashleigh Kidd

Second Place: Lifesaving  
Niamh McGoldrick

Third Place: Lifesaving  
Lucinda Auditore  
Sienna De Boer

Age Managers Award  
Everly Ingram

**Under 9 Boys**

Overall Club Champion  
Charlie Braddy

First Place: Sport  
William Stribley

Second Place: Sport  
Henry Dolan

Third Place: Sport  
Charlie Braddy

First Place: Lifesaving  
Charlie Braddy

Second Place: Lifesaving  
Nathan Biggin

Third Place: Lifesaving  
Henry Dolan

Age Managers Award  
Riley Whittaker





**Under 10 Girls**

Overall Club Champion  
Emmy Lumsden

First Place: Sport  
Lauren Turnbull

Second Place: Sport  
Emmy Lumsden

Third Place: Sport  
Emma Gunasekera

First Place: Lifesaving  
Ella Dumayne

Second Place: Lifesaving  
Ava Quick

Third Place: Lifesaving  
Emmy Lumsden

Age Managers Award  
Avalon Pascoe  
Kaela Burgess

**Under 10 Boys**

Overall Club Champion  
Andrew Bukharov

First Place: Sport  
Flynn Murray

Second Place: Sport  
Lewis Curry  
Liam Evans

Third Place: Sport  
Andrew Bukharov  
Nate Lindsay

First Place: Lifesaving  
Andrew Bukharov

Second Place: Lifesaving  
Ben Paddle  
Thomas Meier

Third Place: Lifesaving  
Nate Lindsay

Age Managers Award  
Tylar Karabardak  
Aydin Karabardak





**Under 11 Girls**

Overall Club Champion  
Lucy Dolan, Lucy Hill

First Place: Sport  
Lucy Dolan

Second Place: Sport  
Indiah Hay

Third Place: Sport  
Lucy Hill

First Place: Lifesaving  
Lucy Hill

Second Place: Lifesaving  
Matilda Worn

Third Place: Lifesaving  
Lucy Dolan

Age Managers Award  
Lily Harriss, Hannah Oram  
Elise Farrugia, Alice Albietz



**Under 11 Boys**

Overall Club Champion  
Harold Blake

First Place: Sport  
Harold Blake

Second Place: Sport  
Jesse Welsh

Third Place: Sport  
Kayden Karabardak

First Place: Lifesaving  
Harold Blake

Second Place: Lifesaving  
Jesse Welsh

Third Place: Lifesaving  
Warwick Tiver

Age Managers Award  
Henry Stanko





**Under 12 Girls**

Overall Club Champion  
Bianca Sando

First Place: Sport  
Bianca Sando

Second Place: Sport  
Madison Priddey

Third Place: Sport  
Monique Brady

First Place: Lifesaving  
Alice Osler

Second Place: Lifesaving  
Bianca Sando

Third Place: Lifesaving  
Aurelia Wallace

Age Managers Award  
Kayla Karabardak

**Under 12 Boys**

Overall Club  
Champion  
Lachlan Collett

First Place: Sport  
Lachlan Collett

Second Place: Sport  
Aloysius Beare

Third Place: Sport  
Mason Kersley

First Place: Lifesaving  
Lachlan Collett

Second Place:  
Lifesaving  
Aloysius Beare

Third Place:  
Lifesaving  
Mason Kersley

Age Managers Award  
William Stanford  
Edward Pollard



**Under 13 Girls**

Overall Club Champion  
Lucia Hetherington

First Place: Sport  
Lucia Hetherington

Second Place: Sport  
Victoria Williams

Third Place: Sport  
Emmy Clarke

First Place: Lifesaving  
Lucia Hetherington

Second Place: Lifesaving  
Victoria Williams

**Under 13 Boys**

Overall Club Champion  
William Morrison

First Place: Sport  
William Morrison

Second Place: Sport  
Angus Swinnerton

Third Place: Sport  
Jesse Pratt  
Eric Shaw

First Place: Lifesaving  
William Morrison

Second Place: Lifesaving  
Angus Swinnerton

Third Place: Lifesaving  
Eric Shaw

Age Managers Award  
Willard Stanko  
Joseph Smith



# JUNIOR LEADERS

*Peter Hetherington,  
Junior Leader Coordinator*

Our coaches enjoyed many new and exciting events this year as nine newly qualified coaches joined 22 returning, experienced coaches.

Through our relationship with Westfield Southland, many coaches volunteered during the first-term holidays, sharing their skills and giving young children an opportunity to try CPR, learn signals and more.

In April, Sophie Pratt and Joseph Hetherington were asked to present to the LSV Membership and Leadership Development Executive. They explained that our Hampton Nipper Program is focussed on life saving skills in addition to traditional running, swimming and boarding events, and from U6 through to U13, coaches incorporate DRSABC, signals, tube rescue and CPR into their weekly program.

In August, several coaches will attend the LSV Awards of Excellence, where Hampton is a Nipper Program of the Year finalist, thanks in large part to junior coaching.



The coaches continue to excel in their responsibilities on the beach. Weekly feedback from age managers and nipper parents is always positive, and it is rewarding to see the relationships build between nippers and their







coaches during the season.

We look forward to welcoming another group of new coaches next season from our U13 nipper group. These nippers have had the privilege of being coached by Sacci Hoover since the start of the 2020–21 season. Sacci started coaching as soon as she was eligible and made herself available each week through to the end of their nipper journey this season. Well done, Sacci!

Congratulations to the coaches on a great season, and thank you to HLSC for supporting the program.



### Junior Leaders

- |                    |                 |
|--------------------|-----------------|
| Elizabeth Auditore | Kate Morrison   |
| Jimmy Blake        | Mia Osler       |
| Harrison Block     | Piper Pascoe    |
| Zara Collett       | Sophie Pratt    |
| Matilda Clarkson   | Tam Sando       |
| Graeme Delmenico   | Wesley Sando    |
| Hugo Hall          | Fred Shaw       |
| Caitlyn Henry      | Lara Smith      |
| Daniel Henry       | William Smith   |
| Joe Hetherington   | Will Swinnerton |
| Sacci Hoover       | Venetia Wallace |
| Izzie Horton       | Hamish Ward     |
| Tom Horton         | Milli Welberry  |
| Josh Laney         | Daisy Welsh     |
| Abbey Lyons        | Molly Welsh     |
| Sophia Lyons       | Steph York      |
| Madeline Marcus    |                 |

# STARFISH NIPPERS

*Kerrie Curtis, Starfish Manager*



We turned 10 this season—happy birthday Hampton Starfish Nippers!! We started in 2013 with six Starfish and mentors, and still have Tom W, Charlie O, Tom B, Edward K and Charles K from Season 1 with us.

We have grown and diversified over the years to include over

35 Starfish, 45 mentors and a program with four groups including SRC and youth groups this year.

We kicked off with a wonderful celebration welcoming invited dignitaries including Andrew Crisp AM APM,

Charlie spoke about how his knowledge, skills and confidence have grown as a Starfish over the last ten years. Aidan and Janine shared life as mentors. And Andy, our HLSC president, talked about how Starfish Nippers is such a valued program within the club. We recognised and celebrated four mentors who have been with us from the start—Isabelle Curtis, Janine Mitchell, Jeff Walton and Caitlin Cole—every Saturday during the summer for ten years. We can't thank you enough for the deep commitment, fantastic contributions and huge impact you have made. We finished up with cake and loads of fun on the sand and in the water.

Four new Starfish and families joined us this season—Angus W, Charlie L, Thomas H and Ty W. We welcomed back Callum and Manny and added ten new mentors—Kirsten C, Tahir B, Patricia B, Jo A, Anneke R, Archie C, Caroline H, Dan W. Felix M and Holly H. We are so blessed you have joined our merry crew and had so much fun over the season. And a massive thank you to the inspiring mentors who have come back year after



Victoria Emergency Management Commissioner; a team from LSV including CEO Catherine Greaves, President Paul James ASM, and David Holland, General Manager—Diversity and Inclusion; Deputy Mayor Jo Samuel-King Deputy Mayor and Access and Inclusion Officer Vimbayi Kagonda from Bayside City Council; and Naomi Symington, who cofounded Starfish Australia with Janet Jones OAM; as well as Starfish, families and mentors.

year with a smile on your faces, ready to have fun every week—Daryl W, Paul L, Sasha F, Aidan M, Alen B, Amy D, Annabelle K, Ellen P, Emma O, Gab F, Roz and Glenn W, Graeme D, Jesse T, Josh L, Kathryn P, Kerry O, Alan A, Lachlan C, Nick F, Paul A, Rachel M, Bec H, Shellene and Tim H, Calan H, Sian S and finally but not least Teale S and Zoe M. I know we keep saying this, but you truly are totally fabulous and we can't do it without you.



including sprints, beach ball relays, a lifesaving hand signals comp, beach flags, treasure hunt and tug of war. We all then jumped into the water for board relays, water flags, swim events and a water obstacle course.

We were lucky also have the LSV Westpac rescue helicopter do a fly-by and hang out the side to wave. The fabulous fun was finished with medal presentations and lunch for everyone. Many thanks to the support of the Bayside City Council for a generous grant.

One last comment from me, over the many years, I have had the extraordinary support of my daughter Isabelle and dear friend Zoe Murdoch—thank you so much. I couldn't have done it without you. Looking forward to another fun and hopefully warmer season!

Hampton Starfish Nippers also hosted the 2023 Starfish Nippers Life Saving Carnival and welcomed over 60 Starfish nippers from five Victorian clubs. We started with an opening ceremony, followed by sand events

### *Zoe Murdoch, SRC Program Leader*

As part of Starfish Nippers, Jeff Walton and I have implemented an exciting new program this season which facilitated Surf Rescue Certificate (SRC) skills for Starfish Nippers working towards gaining this award.

We were lucky to have Charlie, who earned his SRC in the '21-'22 season, return to mentor and teach this year's group, share his journey and experiences, and encourage everyone along. Participants gained skills in DRS ABCD, tube and board rescues, radios, and signals. It's been a delight to see everyone in this group stretch to develop new skills, build confidence and work together as one learning team. We are looking forward to seeing some participants complete their SRC next year and join our diverse patrol teams.



# SPORT UPDATE

*Michael Pratt, Director of Sport*

As the sun goes down on another season and we remove the sand from our car boots and rinse off the high-vis rashies for the last time, it gives me great pleasure to sit and reminisce about the year just had.

Our junior teams had another great year, starting training way back in September 2022. While numbers in junior sport are down from previous years, they battled hard at carnivals all over the state, culminating in an 11-strong team heading down to Warrnambool. Medals were hard to get hold of, but that certainly didn't stop our team. While biased, I still think we look the best in our March Past gear.

Our seniors team also struggled a little with numbers, and we had some athletes join other clubs for competition. This is natural evolution of the sport in Victoria and, while they may occasionally race in other colours, it never stops them from being HLSC at heart.

Speaking of heart—congratulations again to our team of two that braved the elements and headed to Lorne



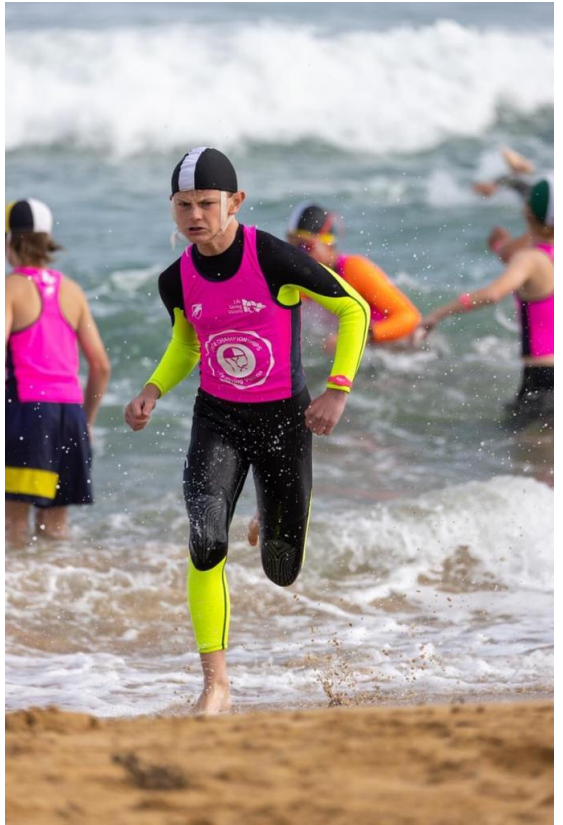
for the masters competition. Whilst a smaller team this year, they flew the black-and-white flag for the club, making this some 15 years for HLSC fielding a masters team. Well done Caroline Webster and Peter Costello for keeping the dream alive! It's a tradition we are very keen to maintain and I'm looking forward to seeing an increase in our team numbers into the next season.

Our teams may have been a little smaller, but 22-23 saw the resurgence in our IRB team, The Skunks, who fielded the largest team for HLSC ever. With a well-defined fundraising plan, commitment to training and a fun-first attitude, they not only managed to have a great time, but to post some impressive results—including in our home carnival at HLSC. We also managed to have some selected for Victorian



teams. The skunks have done HLSC very proud—read more on the next page.

Thanks to all the volunteers that help with the season of sport—make sure you take a look at the inspiring photos and results on our Facebook pages, and see you soon on the beach!



# IRB RACING

## *Mitchell Cole, IRB Team Captain*

For the first time since 2018, the Hampton Skunks competed in IRB racing, instructed by coaches Jesse Tammesild, Jas Lawrence and Amelia Toogood.

IRB racing provides an opportunity for patrolling members to improve their technical skills in the IRB in a range of conditions as part of a friendly statewide community.

Hampton's team was composed of three men's teams and three women's teams that competed throughout the season. Within Victoria, the Skunks placed second overall in the U23 competition season point-score, with team efforts for first in the U23 male mass rescue, surf rescue and teams rescue, and third in the U23 female and male tube.

Jesse Tammesild, Mitchell Cole and Mia Osler placed first in the Open Male Surf Rescue at States.

### **Big Showing at Aussies National Championships**

The Skunks have just returned from Cudgen Headland SLSC in NSW, competing against the best in the country at the Sharkskin Australian IRB Championships.

Hampton is well and truly on the map, achieving:

- Six teams in open semi-finals
- Five teams in U23 semi-finals
- Fourth place in the Open Men's Mass Rescue
- Fourth place in the U23 Men's Teams



Finally, if you haven't heard:

### **Hampton are National Champions in the U23 Men's Mass Rescue event**

A big thank you to all the families, officials, team managers, boat handlers, photographers, first-aiders and other volunteers who have supported the team across the season—we couldn't do it without you.

Additionally, a huge shout-out to all the volunteers who helped us put together the Hampton IRB carnival this season—a great success all around.





*Mitchell and Jesse  
celebrate the Aussies win*



# LONG-SERVICE AWARDS

---

Thank you for your active and consecutive service to Hampton Life Saving Club.

15 Years

**Elizabeth De Nittis**

**Leonie Mawkes**

**Janine Mitchell**

10 Years

**Isabelle Curtis**

**Jane Hall**

**Tom Hall**

**Paul Laney**

**Zoe Murdoch**





# LSV AND COMMUNITY AWARDS

---

## 2022 LSV Awards of Excellence

### Winners

Inaugural Janet Jones OAM Inclusion Award  
**Hampton LSC Starfish-to-SRC Patroller Program,  
run by Zoe Murdoch**

President's Certificate of Recognition  
**Green Patrol**

Official of the Year  
**Philip Mawkes**

### Finalists

Emerging Official of the Year  
**Leonie Mawkes**

Community Education Award  
**Hampton Open Water Learning  
Experience (OWLE) Program**

Junior Lifesaver of the Year Award  
**Josh Laney**

## 2023 Bayside City Council Australia Day Award Finalists

Environmental Program of the Year  
**Green Patrol**

Community Event of the Year  
**Starfish Nippers 10th Anniversary**

## 2023 LSV Awards of Excellence

Congratulations to each of our members who were nominated! As we get ready to go to press, winners have not yet been announced.

Community Education Award  
**Zoe Murdoch**

Emerging Official of the Year  
**Leonie Mawkes**

John Wishart Memorial Medal,  
Volunteer Lifesaver of the Year  
**Jasmine Lawrence**

Nipper Program of the Year  
**Joe Hetherington, Sophie Pratt, Madeline Marcus,  
Mia Osler, James Blake**

Graeme Long Award, Volunteer of the Year  
**Sam Dwyer**

## LSV International Women's Day Awards

Trail Blazer Award  
**Sam Dwyer**

## LSV Membership and Leadership Development

Recognition of Outstanding Service  
**Sam Dwyer, Women in Life Saving Programs  
Kerrie Curtis, Hampton Starfish Nippers**

# THANK YOU TO OUR CLUB SPONSORS

---

*Please return the favour!*

PROUDLY PARTNERED WITH

# Westfield

## SOUTHLAND



JB Uniforms

Sandringham  
**Community Bank®** Branch



**NEXUS**  
industrial



**Rotary**  
Club of Hampton



# 2022–2023 CLUB AWARDS

---

HLSC is run entirely by volunteers and could not function without the considerable time, dedication and enthusiasm of our membership—we thank all of you for your contributions over the course of the year.

Particular thanks go to the following members who the HLSC Board, with the support of the newly created Life Membership and Club Awards Subcommittee, are delighted to recognise with awards for this season.

## **Junior Lifesaver of the Year—Centenary Trophy: Cooper Hartley and James Blake**

Awarded to a U15 or younger member who participated significantly across all facets of the club.

## **Intermediate Lifesaver of the Year—Centenary Trophy: Fred Shaw and Joe Hetherington**

Awarded to a U18 or younger member who participated significantly across all facets of the club.

## **Senior Lifesaver of the Year—Ted Reynolds Trophy: Amy Derksen**

Awarded to a senior member who participated significantly across all facets of the club.

## **Best Club Member—Margaret Straford Trophy: Paul Laney**

Awarded this year to a member who has been involved for a few years, but this year has really stepped it up.

## **Outstanding Services—RM Ivison Trophy: Peter Hetherington**

Awarded this year to a member who has had a long involvement with the club. Thank you!

## **Best New Club Member: Millie Toogood**

Awarded this year to a first-year member who has stepped straight on in and gotten involved. Thank you!

## **Long Standing & Conspicuous Service—Robert Leviston Memorial Trophy: Kirsten Cleland**

Awarded to a member who has displayed many of the exemplary characteristics of prior winners. Congratulations!

## **Betty MacAulay Award: Zoe Murdoch**

An occasional award called into service to recognise exceptional achievements in advancing lifesaving. Well done!

## **President's Award: Josh Laney**

Unique amongst the club's awards, this is determined solely by the president for outstanding contributions.



# CLUB VALUES

## Preservation of Human Life

Our club exists to provide a safe aquatic environment at Hampton Beach for the public by managing the risks posed to human life by all aquatic environments.

Our role is prevention, recognition and rescue.

## Volunteerism

We are all volunteers who share a common commitment to the principles of community participation in lifesaving.

We value and recognise the efforts of all of our members and the service they provide our community.

## Stewardship

We recognise we must be effective, ethical stewards of the resources and traditions placed in our trust for future generations. We recognise that using and protecting the financial, physical, technological and human resources of the club are a shared responsibility of all members.

## Equity and Diversity

We respect and embrace all members of our community and the public we serve without regard to differences based on race, age, gender, religion, sexual orientation, nationality and physical or mental ability.

## Excellence

We are committed to the achievement of the highest standards in all that we do as a club and to the delivery of quality lifesaving services to our members, the public, stakeholders and sponsors.

## Teamwork and Mutual Respect

We use teamwork as the basis of how we create a safe, positive and encouraging club culture in which everyone is valued. Our club culture is built on a foundation of trust, mutual respect, empowerment and cooperation.

## Honesty and Integrity

We pride ourselves on honesty and integrity, and the manner in which we deal with each other, the public and our stakeholders.

## Lifelong Learning

We provide members with a learning environment that provides opportunities for personal development in lifesaving education and awards and encourages them to improve their lifesaving knowledge and techniques.

## Innovation

We expect and reward enthusiasm, effort and management that anticipates and responds in innovative ways to the needs of members, sponsors, stakeholders and the community.

