



## HAMPTON LIFE SAVING INC

[www.hlsc.org.au](http://www.hlsc.org.au)

# ON PATROL

November 2007

### From our vic president – Paul Harding and Simon Cartwright

*Another season is about to commence, another summer by the sea.....we have a terrific group of members, a great clubhouse and a stunning view from the balcony overlooking Sandringham Yacht Club and Port Philip bay .....where else would you want to be over summer!*

Unfortunately, as with previous years, we are short on patrolling members. Aquatic safety being the core reason for the existence of the club, we need patrolling members to provide this service to the public.

If you know of any friends or family members that may be interested to join our patrol team, please bring them down to the club and let them share your experiences.

If there are any members that are not on the attached roster – that would like to be or, if you have not patrolled for a year or two... or any of our Nipper parents that would be interested to join our patrol team please contact Nick Forbes (patrol@hlsc.org.au) .

Our patrol season starts on the Saturday 24th November - we will also be holding our

'Open Day Family Feast" (see below for more info), please come down to the club and catch up with other members.

See you all at the beach.

Paul and Simon

### **HAMPTON LIFESAVING CLUB SEASON-OPENING DINNER.**

Nibbles and dinner (chicken, salad and dessert) will be supplied on Sat 24th November. BYO Drinks.

Cost: \$10 per adult and \$5.00 per child under 12.

All bookings to [beaumontcath@yahoo.com.au](mailto:beaumontcath@yahoo.com.au) by **Thurs 22nd November**. Please be aware that this is a first in best dress invitation and the room only holds 110 people .

### **THURSDAY MORNING PADDLE**

If any one is interested in a Thursday morning paddle at 6.30 am. You can email Paul Harding on [qhands@bigpond.net.au](mailto:qhands@bigpond.net.au) or 0411191158

### **JUNIOR ACTIVITIES REPORT –NOV 07**

**Nipper Age Manager Courses.** I had approximately 10 people attend the course last Saturday with a further 20 expected on Sunday 18<sup>th</sup>. The course took just on two hours to complete. In addition, each participant will need to complete an on-line exam (very easy). Once this commitment is complete, you will be a qualified Age Manager – this qualification lasts for five years without any requalification requirement. Any further volunteers please turn up to the club house at 2.00pm on Sun 18<sup>th</sup> Nov – you must be over 16 years old to be trained as an Age Manager. I still require additional Age Group Managers from the following Age Groups:

- a. U7 Boys
- b. U8 Boys
- c. U8 Girls

- d. U9 Boys
- e. U9 Girls
- f. U11 Boys

**Water Safety Officers.** Unfortunately the large number of volunteers I received during Nippers registration as dwindled. Therefore, there is a significant chance that our ability to put children into the water during Nippers will be compromised. To be a WSO you must hold a Bronze Medallion. We are running two condensed courses (see CI news) to qualify people. Whilst it looks like a large time commitment, it is significantly less than other clubs (Brighton run theirs over about 6-8 weeks). Also any qualified WSO who have yet to do requal please contact the CI as detailed in his news. Perhaps those parents who can no longer commit the time to completing a BM course could commit 2 hours this Sunday to complete the Age Managers course.

**Age Group Assistants.** There is a requirement for all families (less Age Managers and WSO) to assist each child's Age Group at least twice throughout the season. Most rosters have significant vacancies and because we are now running 2 groups in the following Age Groups (U6 / U7 / U8 / U9 / U11) I will need each family to check the appropriate roster and fill in the blank spaces on the first day of Nippers (24<sup>th</sup> Nov). Age Group Assistants help the Age Group Managers to keep the children in a group, help make the role, help with Nippers caps (including collecting and washing them at the end of each session) and help record results during the carnival days – it is not an onerous task.

**I appreciate that everyone is busy and that some may find assisting an issue. Please remember that we are a volunteer organization (no one makes any money out of this) and cannot function unless everyone assists. I would hate to think that a child misses out on participating in the program because their parent is not prepared to assist.**

**Kiosk / BBQ Helpers.** These rosters are just about filled – so thank you.

**Nippers Program.** As at today I have 210 Nippers registered as follows:

- a. Under 6 Boys – 24
- b. Under 6 Girls – 19
- c. Under 7 Boys – 15
- d. Under 7 Girls – 16
- e. Under 8 Boys – 19
- f. Under 8 Girls – 23
- g. Under 9 Boys – 8
- h. Under 9 Girls – 24
- i. Under 10 Boys – 6
- j. Under 10 Girls – 9
- k. Under 11 Boys – 11
- l. Under 11 Girls – 12
- m. Under 12 Boys – 5
- n. Under 12 Girls – 8
- o. Under 13 Boys – 2
- p. Under 13 Girls – 6
- q. Under 14 Girls – 3

This will mean we will run 2 groups in U6, U7, U8, U9, and possibly U11 with the remaining ages having 1 group each. There are quite a number of families who were enrolled last year that have not re-enrolled. **Please be aware that if you did not turn up to the Nipper registration days or you have not contacted me via email since it is likely you are not registered for Nippers. If you turned up to one of the Nippers registration days and added your child's name to the appropriate age group, you have secured a place.**

We will not accepting any further registrations for U6 Boys, and U8 and U9 Girls and we will be limiting all other groups to 20 children each. Children who do not appear on the appropriate Nippers role will not be permitted to attend Nippers. Concerns should be directed to me.

All Nippers from U7 up will be completing their S Badge test on the first day of Nippers – 24<sup>th</sup> Nov. The requirements are:

- a. U7 / U8 – 50m Run / 50m Wade / 50m Run
- b. U9 / U10 – 50m Run / 50m Swim / 50m Run
- c. U11 / U12 – 50m Run / 100m Swim / 50 m Run
- d. U13 / U14 – 100m Run / 100m Swim / 100m Run

**Program Dates.** The Nippers program will commence at 3.00pm on Sat 24<sup>th</sup> Nov. On Sat 22<sup>nd</sup> Dec will have a Christmas Fun day and celebration. There will be **NO NIPPERS** on Sat 29<sup>th</sup> Dec or Sat 5<sup>th</sup> Jan. Nippers will recommence on Sat 12<sup>th</sup> Jan and will continue until 8<sup>th</sup> Mar. Throughout the season, we will conduct 3 intra-club carnivals, that combined with other matters, will help determine Age Group champions. On 15<sup>th</sup> Mar we will have the Junior Presentation Day and Celebration.

**Nippers Club Scholarships.** I will be seeking nominations for the following scholarships (for attendance at LSV Leadership & Development Camps) in the first few weeks of the season:

- a. 1 x 12/13 year old
- b. 1 x 14/15 year old
- c. 1 x 16/17 year old

The HLSC committee will consider the nominations at the December meeting so that we can announce the scholarship winners at the Christmas function.

See you on the beach!

*Helen Barnes*

H.L. BARNES

Junior Activities Coordinator

Hampton Life Saving Club

Mob: 0407 412 465

Email: helenanddavid1@optusnet.com.au

## Season 2007/2008 – Training and Requalification

### Requalification

Requalification for all Club Members was held at Hampton on **Saturday 27 Oct 07**. Unfortunately a number of members were unable to attend and so have not yet requalified for this Season. There are two opportunities remaining:

- District Requal on Sat 8 Dec 07. The location is yet to be confirmed but if there is enough people from Hampton we will offer to host it so its more convenient for our people
- State Requal on Sat 15 Dec 07 at South Melbourne Beach.

Please contact me via email (helenanddavid1@optusnet.com.au) **urgently** if you intend to complete requal at either of these two dates so I can make the necessary arrangements.

Every one who completed requal on 27 Oct 07 also completed their practical ATV induction. There is still a requirement to complete a short safety workbook. These will be in the mail to you shortly.

## Patrols

For our water safety members, the Club would love to hear from any of you who would be willing to help out by doing a single 4 hour patrol per month - that's only five patrols for the whole summer (20 hours). Providing a safe swimming environment for the public is what the Club exists for and if you could help out it would be much appreciated. The burden of patrols falls on a small number of members and if you could help out with a single patrol a month it would be a great help. Please contact me via email ([helenanddavid1@optusnet.com.au](mailto:helenanddavid1@optusnet.com.au)) **urgently** if you want to help out as we are finalising the patrol roster for the first half of the season.

## 2007/2008 Training Courses

### 1. Bronze Medallion

At this stage there are two Bronze courses this season.

Bronze Medallion Training Course No. 1 – this course will be conducted at Hampton LSC on the following dates:

- Mon 26 Nov 07 – 1930-2130hrs
- Sat 1 Dec 07 – 0900-1630hrs
- Sun 2 Dec 07 – 0900-1630hrs
- Mon 3 Dec 07 – 1930-2130hrs
- Sat 8 Dec 07 – 0900-1630hrs
- Sun 9 Dec 07 – 0900-1630hrs (includes award assessment)

Bronze Medallion Training Course No. 2 – this course will be conducted at Hampton LSC on the following dates:

- Mon 7 Jan 08 – 1930-2130hrs
- Sat 12 Jan 08 – 0900-1630hrs
- Sun 13 Jan 08 – 0900-1630hrs
- Mon 14 Jan 08 – 1930-2130hrs
- Sat 19 Jan 08 – 0900-1630hrs
- Sun 20 Jan 08 – 0900-1630hrs (includes award assessment)

The qualification means you can act as water safety during Nipper's activities (great fun) and also help out the Club if possible by doing a patrol a month and provide a safe swimming environment for the public on our beach. A number of people have indicated they are keen to do the course but if there is anyone else out there who might want to do the course please contact me via email ([helenanddavid1@optusnet.com.au](mailto:helenanddavid1@optusnet.com.au)) **urgently**.

### 2. Advanced Resuscitation Certificate

The Club has set a target this season of trying to get every Bronze member an ARC qualification. It's a great qualification to have and it is a requirement for at least one member of every patrol to hold the qualification, so the more people we can qualify the greater flexibility in patrol rosters. The only pre-requisite is that you are 15 y.o. The course is held over two consecutive Monday nights (only a four hour total commitment). At this stage the planned course dates are in Jan 08 but this needs to be confirmed depending on numbers. In order to help us plan I would ask any Club member who intends to do this course to please contact me via email ([helenanddavid1@optusnet.com.au](mailto:helenanddavid1@optusnet.com.au)) **urgently** so I can make the necessary arrangements. At this stage there are only three people interested and it would be great to get some more numbers.

### 3. IRB Driver and Crew

Every patrol requires an IRB Driver and Crew so the Club has set itself the target of trying to qualify every bronze as an IRB crew member and every current IRB crew member as a Driver. The only pre-requisites are that Crew need to 15 y.o and hold a Bronze qualification and that Driver's need to hold Victorian Boat licence which is pretty easy to get. For anyone who doesn't have a licence the Club will pay for your licence – you just need to get it! We intend to actively use patrol time this season to build up individual's hours and increase their experience/confidence in IRB operations. To help us achieve this aim we are running two IRB courses. The course is conducted in a single weekend and the planned dates for this season are:

- o **Course No. 1:** 15-16 Dec 07
- o **Course No. 2:** 9-10 Feb 08

In order to help us plan I would ask any Club member who intends to do this course to please contact me via email (helenanddavid1@optusnet.com.au) **urgently** so I can make the necessary arrangements.

## Club Swim

The Club reinstated a weekly Club swim last year that proved pretty popular. The first Club Swim for the new Season will be held on **Sat 24 Nov 07 at 1645hrs (445pm)**. There is no higher aim, just the idea of having some fun, getting to know your other Club members better and have a swim in our beautiful Bay. This year we are going to have a number of different length courses each week so you can pick one that matches your ability and skill. We will also be offering a short course for Nippers who might want to get involved. We are also linking it to patrol hours so we can increase the number and type of water safety we have in the water so there is no excuse now to not get involved!!! And when you're finished, we can all move up to the Clubhouse verandah for a cold 'beverage' to watch the sun set at weekly Bottles. So find your Speedos, grab your goggles and see you on the water's edge on **Sat 24 Nov 07 at 1645hrs**.

See you on the beach,

*David Barnes*

**Chief Instructor**

Hampton LSC

Mob: 0407 437 974

Email: helenanddavid1@optusnet.com.au

## Patrols

Welcome to another Patrol Season at Hampton. To all the patrolling members who are continuing on, welcome back and to all the new patrolling members, welcome to you too all. I am in the process of doing the roster and should have it on the website by the weekend.

Last season, as you are aware, Hampton embarked on trial temperature based patrolling in addition to our core patrol responsibilities.

**For the 2007-08 season as listed below.**

**CORE PATROL SERVICE**

**HOURS – 13:00 – 17:00HRS SATURDAY, SUNDAY and PUBLIC HOLIDAYS**

(24th November 2007 –16th March 2008 inclusive)

Life Saving Victoria Standard patrol SOP's apply

**ADDITIONAL TO THE CORE PATROL TIMES**

(24th November 2007 – 31st January 2008)

**DAILY ESTIMATED TEMPERATURE TO BE ABOVE 28°C**

**ADDITIONAL PATROL SERVICES**

1) **FRIDAY EVENING 17:30 – 19:30 HRS.**

2) **SATURDAY AFTERNOON 17:00 – 19:00** (finish time subject to number of beach visitors – may be extended).

3) **SUNDAY AFTERNOON 17:00 – 18:30** (finish time subject to number of beach visitors – may be extended).

4) **SUNDAY MORNING 10:30 – 13:00**

The additional patrol service will consist of as a minimum of :-

1) **TWO** proficient Bronze Medallion holders

2) One of who **MUST** hold a proficient ARC qualification.

3) Wherever possible one member should also hold a current Senior First Aid Certificate.

The IRB will not necessarily be operational (however may be on standby if members with correct qualification are available)

All other patrol equipment is to be available as per 05.10:SOP:02

**ADDITIONAL TO THE CORE PATROL TIMES**

(24th November 2006 – 31st January 2008)

**DAILY ESTIMATED TEMPERATURE TO BE ABOVE 30°C**

The temperature reference will be taken from the predicted forecast from Bureau of Meteorology Melbourne's website. Please note if a weather change occurs prior to the scheduled start of the additional patrol service and the temperature falls below the above limit, the additional service may not occur.

**ADDITIONAL PATROL SERVICES**

1) When possible (due to volunteer resources) a patrol service will be provided any night of the week 17:30 – 19:30

The additional patrol service will consist of as a minimum :-

1) **TWO** proficient Bronze Medallion holders

2) One of who **MUST** hold a proficient ARC qualification.

3) Wherever possible one member should also hold current a Senior First Aid Certificate.

The IRB will not necessarily be operational (however may be on standby if members with correct qualification are available)

All other patrol equipment is to be available as per 05.10:SOP:02

**GOOD FRIDAY TO EASTER MONDAY 2008**

**DAILY ESTIMATED TEMPERATURE TO BE ABOVE 22°C**

The temperature reference will be taken from the predicted forecast from Bureau of Meteorology Melbourne's website. Please note if a weather change occurs prior to the scheduled start of the additional patrol service and the temperature falls below the above limit, the additional service may not occur.

**HOURS – 13:00 – 17:00HRS**

Minimum patrol standard is to consist of :-

1) **TWO** proficient Bronze Medallion holders

2) One of who **MUST** hold a proficient ARC qualification.

3) Wherever possible one member should also hold current a Senior First Aid Certificate.

The IRB will not necessarily be operational (however may be on standby if members with correct qualification are available)

Look forward to seeing as many as possible of you this summer.

Nick Forbes

Club Captain