



HAMPTON LIFESAVING CLUB INC

www.hlsc.org.au

NIPPER NEWSLETTER

September 2006

IMPORTANT NIPPER NEWS **Please read carefully**

With the rapid growth in the number of children participating in the Nipper Program we urgently need to get more parents involved at Hampton Life Saving Club hence the changes that are being brought in for this season.

This year **all parents** will be rostered on to help for one or two nipper sessions. They will be asked to help set up, pack up and help the trainer, assist in canteen or bbq.

So that we all know what to do on the beach I will be running an information session for **all families** participating at nippers. At least one parent is required to attend **ONE** of the two sessions and can then register their family at the end of the session. You are only required for 30min. The dates that you can attend and register are:

Saturday	October	21	3 – 3.30pm	Followed by registration
Sunday	October	29	3 – 3.30pm	Followed by registration

Any family not registered by December 31 2006 may not participate at Nippers.

I will be conducting an age managers course in November (approx 1 ½ hrs duration) to help in running an age group and will provide lots of information to help age group managers.

We are also required by Life Saving Victoria to have a ratio of 5:1 for all water activities and desperately need more water safety officers (WSO). These individuals need to complete a Surf Rescue Certificate (run at the club and paid for by the club)

Anyone interested in becoming an age group manager or water safety officer please email me at yld@hlsc.org.au to indicate your interest

(Members who become age group managers or water safety officers will be eligible for a family discount on their membership for the following season)

NOTE If we do not get enough parents who are prepared to run an age group this year that age group will not run. If there are not enough WSO's for a group, nippers will not do water activities and the program will be shortened to 45 minutes of land based activities.

For parents who have been with the club for a couple of years or have two or more kids doing nippers this is the perfect opportunity to step up and help, not only your own children but the club as well. Parents don't need any qualifications or any life saving experience to become trainers so I am really encouraging you to be an important part of HLSC.

PLEASE NOTE THE NEW NIPPER TRAINING TIME THIS YEAR
4PM TO 5.30PM

See you in October

Anna Harding
Nipper Coordinator

NIPPER PROGRAM OVERVIEW

Under 6 Duration 1 hour

Beach based activities and games

Flags

Sprints

Relays

Nippers **cannot** go into the water unless accompanied by an adult where they can do water familiarization activities.

Under 7 - Under 8 Duration 1 hour

Beach and water based activities and games

Flags

Sprints

Relays

Wading and water familiarization

Under 9 – Under 10 Duration 1 1/2 hours

Flags

Sprints

Relays

Wading

Swimming

Boards

THIS AGE GROUP ARE NOT TO USE SKIS DURING NIPPER TRAINING

Under 11 – Under 13 Duration 1 ½ hours

Flags

Sprints

Relays

Wading

Swimming

Boards

These age groups do the same activities as the under 9 / 10, however with longer distances in all events.

Skis can be taken out at the discretion of the trainer but must be returned to club rooms immediately after use.

AGE GROUP OF YOUR CHILD

Under 6	1 st Oct 2000 to 30 th Sept 2001
Under 7	1 st Oct 1999 to 30 th Sept 2000
Under 8	1 st Oct 1998 to 30 th Sept 1999
Under 9	1 st Oct 1997 to 30 th Sept 1998
Under 10	1 st Oct 1996 to 30 th Sept 1997
Under 11	1 st Oct 1995 to 30 th Sept 1996
Under 12	1 st Oct 1994 to 30 th Sept 1995
Under 13	1 st Oct 1993 to 30 th Sept 1994

Parents are reminded that children are not to be left at unsupervised on the beach. If a child is cold, injured or does not wish to participate in activities parents must remain in the vicinity of the club. Parents found leaving the beach will be suspended from participating in the nipper program.

MEMBERSHIP PROTECTION POLICY

Hampton Life Saving Club Committee of Management reinforce our adherence to Surf Life Saving Australia's National policy regarding Membership protection. A copy of Club policy and guidelines is available on our website at :-

<http://www.hlsc.org.au/protection.php>

All Hampton Committee of Management, Trainers and Patrol Captains are required to complete the "Working With Children Checks"